

ANN AND ROLAND GO BIRDING IN COSTA RICA

DECEMBER 22ND 2024 – JANUARY 5TH 2025

TRAVEL

We flew from Bogota to San Jose having spent the previous week in Columbia.

Unfortunately, Roland still didn't have his suitcase as we never saw it again once he had handed it over to Air France in Manchester 😞

It was cool and windy and chucking it down when we left. No problem with the flight apart from a 20 minute delay.

This was a more basic flight with Avianca and although we had posh, comfortable seats we weren't so much as offered a drink of water on the plane. Everything had a price!

LOGISTICS

Once again, Pieter of Aratinga Tours had devised our itinerary and made all the arrangements.

ITINERARY (copied)

Dec 22nd: welcome at airport and private transfer to Hotel Bougainvillea (standard mountain view room)

Dec 23rd: bus-and-boattransfer to Mawamba Lodge (standard room) BLD

Estimated travel time: 2 hours bus; 1,5 hour boat

Dec 24th: 2 private boattour through Parque Nacional Tortuguero (2 hours each), Mawamba Lodge BLD

Dec 25th: boat-and bustransfer to pickup place for rental car; pickup rental car and drive to Pocosol biological station BLD

Estimated travel time: 1,5 hour boat, 1 hour bus; 3 hours car

Dec 26th: full day local guide to bird the trails; Pocosol biological station BLD

Dec 27th: drive to Tarcoles Birding Hotel, Carara area BLD

Estimated travel time: 3,5 hours

Dec 28th: private half day tour at Carara national park and private boattour on Tarcoles River, Tarcoles Birding Hotel BLD

Dec 29th: drive to Villa Tica (standard room) BLD

Estimated travel time: 3,5 hours

Dec 30th: full day birding tour in the area with visit to Aracari birding deck, Villa Tica BLD

Dec 31st: drive to Hotel Bougainvillea, standard room BLD

Estimated travel time: 3,5 – 4 hours

Jan 1st: Drive to Rincon de la Vieja overnight at Oski Lodge

Jan 2nd: -Bird area

Jan 3rd: -Bird area and drive to San Rafael Birding Lodge

Jan 4th: Bird Manuel Brenes Road then drive to Hotel Bougainvillea (standard mountain view room) D

Jan 5th: half day tour at Cope; at 5:00 pm dropoff rental car at rental car office at airport B

ACCOMMODATION

Bogota: Habitel. Excellent. We have stayed here several times now.

Heredia: Hotel Bougainvillea. Very good. We have stayed here several times already!

Refused to do a packed breakfast though.

Tortuguero: Mawamba Lodge. A sprawling place which is well set out in what they call a botanical garden. Situated on the river bank with easy access to the beach and a short walk away from the village. Rooms quite good and clean. Verandah outside with hammocks. The walls are flimsy though and being terraced you have to stay quiet so as not to disturb your neighbours. We are unlikely to go again but if we did, we would choose a better room with no adjoining ones. Good facilities, lovely staff.

Pocosol: Pocosol Biological Station. Not very welcoming. Reception and the restaurant are in the same building with a large verandah outside and good views. The rooms are all across the way on 3 floors. Our room wasn't massive but it did have lovely views and a small balcony. Basic but had all we needed apart from wifi. Not the most comfortable bed 😊 No choice of meal or time. If you're not there on time, tough.

Tarcoles: Tarcoles Birding Hotel. Disappointing in that there were supposed to be great close-up views of Scarlet macaws and the like but since the owner has started to feed the White-faced capucin monkeys they no longer visit. He is also encouraging the agoutis now. The monkeys were wonderful to see but he needs to change the name! Wasn't expecting us either. The bungalows themselves are in lovely gardens and are quite large but stark. Very little furnishing. Nice bathrooms but slippery tiles when wet – beware! Meals cooked to order but don't necessarily arrive on time 😊 Friendly host eager to please. Approach road a nightmare.

Las Nubes: Villa Tica. We were given the wrong directions by Pieter but thanks to Roland's determination and my asking at a house we got there! We were apparently the first guests to have found it without having to go back to San Ignacio and wait for Orlando to meet them there. What a place! We had the whole of this lovely place to ourselves and were waited on hand and foot. The service, views and feeders are absolutely wonderful!!!!

Rincon de la Vieja: San Rafael Eco Lodge. They weren't expecting us. Nice enough place with good gardens. Our room was basic – the bathroom had the dreaded electric shower. Food was basic and horrible.

La Tigra: San Rafael Eco Lodge. The owner is very proud of his hotel especially his extension: a bedroom in the forest. We were housed here and it was a lovely annexe. Our room was small but adequate. Lovely sitting out area. The pool, restaurant and relaxation are all under the same roof. Echoey. Menu not best. Refused to do breakfast even when we suggested they could just do us some hard-boiled eggs in advance and put out some fruit. The "path" linking the annexe to the main buildings was muddy and flooded.

Heredia: Hotel Bougainvillea. The usual!

DIARY

Each day's entry has a list of the birds and non-birds seen that day and full lists are at the end.

MONDAY, DECEMBER 23rd

Hotel had refused to do a packed breakfast but there was coffee available. We had to leave at 6h45. The bus took us to the Rio Dante Restaurant for breakfast then to the river. It rained all the way. It was pretty chaotic when we got off the bus as there were so many people milling around most of whom didn't seem to know what they were doing. Eventually we were told to go to our boat with our luggage then they sent us away again for 15 minutes.

Everywhere was VERY muddy. Once on the boat, it took an hour to get to our lodge. We had the same tour guide all the way - he never stopped talking, was very loud and didn't half spout some rubbish.

The lodge was very big and sprawling with beautiful gardens and even an alleged frog garden. Invisible, they were.

Our room was in a terrace and was fine but if anyone noisy was next door, you could hear everything.

There wasn't much choice at lunch (set menu) but it was tasty enough.

We walked into the village afterwards having finally located the path. There were no signs. The beach was on our left but was nothing like we had imagined. Inviting it wasn't and there was no sign of the tapirs we had been told would be there but at least it was fine. There was flooding in the village and it was basically a line of eating and drinking places and tourist shops with one supermarket. We bought some water and a sloth souvenir.

On our walk there and back we saw quite a few birds, including 3 *Keel-billed toucans* and a lovely baby sloth quite low down in a tree. 😊

Black Vulture

Clay-colored Thrush

Collared Aracari

Great Egret

Great Green Macaw - CR

Great Kiskadee

Great-tailed Grackle

House Sparrow (Introduced)

Keel-billed Toucan

Lesser Greenlet

Montezuma Oropendola

Red-lored Amazon

Ringed Kingfisher

Rufous-tailed Hummingbird

Social Flycatcher

Spotted Sandpiper

Tropical Kingbird

Turkey Vulture

Western Cattle Egret

Yellow-throated Toucan

Hoffmann's Two-toed Sloth

Central American Spider Monkey

TUESDAY, DECEMBER 24TH.

Coffee in reception and boat trip at 6. No new birds but we enjoyed it. Stayed fine. Water high because of all the rain. No kayaking or canoeing allowed. The highlight might have been the Neotropic otters I spotted in the river!

Our walk to the village after breakfast was brilliant. We finally got to see *Great green macaws*. They are absolutely stunning and we spent quite a while with them. Fascinating to watch and such colours. We also saw *Collared aricaris* etc and then the baby sloth again which had moved into a better position. We saw more macaws on our way back for lunch.

We didn't see many birds on our afternoon boat trip but we loved the iguanas, the howler monkey holding her baby and the spider monkey eating a flower. We were able to go into a few areas that wouldn't normally be accessible because they are too shallow then ventured into Harold Canal looking for caimans etc and had a very exciting time. Not. The current was horrendous because of the flooding (an extra metre of water) and we got stuck. Our guide started to panic a little and hurt his arm straining to get us out of the current. We did eventually manage to get back to the river and went down towards the ocean but not too close so as not to get swept out into the ferocious waves. We were heading straight into bad weather now but the two men soon got the roof on and we headed back home, thanking our guide, Alexis, profusely for two enjoyable trips.

We had intended to bird the gardens when we got back but it was too dark. There was a nice Green iguana in one of the trees near our room and I decided I wanted to and have a nice coffee and chill near the pool before dinner.

We had something of a disturbed night thanks to some understandably excited children and a presumably drunken woman with an excruciating laugh and loud friend a few rooms down.

Amazon Kingfisher

Anhinga

Bare-throated Tiger Heron

Black Vulture

Black-collared Hawk

Blue-black Grassquit

Blue-grey Tanager

Boat-billed Flycatcher

Collared Aracari

Common Tody-Flycatcher

Crested Caracara

Great Crested Flycatcher

Great Egret

Great Green Macaw - CR

Great Kiskadee

Great-tailed Grackle

Green Heron

Green Ibis

Green Kingfisher

Groove-billed Ani

House Sparrow (Introduced)

Keel-billed Toucan

Laughing Gull

Lesser Greenlet

Little Blue Heron

Magnificent Frigatebird

Mangrove Swallow

Montezuma Oropendola

Neotropic Cormorant

Northern Jacana

Pale-vented Pigeon

Piratic Flycatcher

Purple Gallinule
Ringed Kingfisher
Rufous-tailed Hummingbird
Short-billed Pigeon
Slaty-tailed Trogon
Snowy Egret
Social Flycatcher
Solitary Sandpiper
Spotted Sandpiper
Streak-headed Woodcreeper
Tricolored Heron
Tropical Kingbird
Turkey Vulture
Western Cattle Egret
White-collared Manakin
White-fronted Amazon
Yellow-crowned Night Heron
Yellow-throated Toucan

Neotropical Otter
Mantled Howler
Green Iguana
Proboscis Bat
Variegated Squirrel
Hoffmann's Two-toed Sloth
Mantled Howler
Green Iguana
Mantled Howler
Central American Spider Monkey
Green Iguana

WEDNESDAY, DECEMBER 25TH.

Christmas Day – not that you’d have known it. Very low key and not at all commercial which is how we like it.

Shattered. Noisy people and loud fireworks last night.

RAIN!!

Breakfast and off on the boat and minibus for lunch at Rio Dante then our rental car was delivered. It was huge but very comfortable. No comfort for Roland who had to drive it!!

Time to head to Pocosol Biological Station. We had no trouble finding the place (apart from an exciting diversion) and it was a damned good job we had a good 4x4 on some of those roads particularly the last stretch.

We received a lukewarm welcome and were directed to our room on the second floor of a separate building. It was basic but ok. Ish. A bit dark with inadequate bedding but we had a small balcony and a lovely view over the forest outside. And a bathroom.

No choice for dinner which was at a set time and if you didn’t get there on time it was tough luck. We’ve had better 😊

It certainly wasn't noisy tonight with only one other person staying! A very friendly and interesting German.

Anhinga

Black Vulture

Clay-colored Thrush

Great Kiskadee

Great-tailed Grackle

House Sparrow (Introduced)

Mangrove Swallow

Montezuma Oropendola

Rufous-tailed Hummingbird

Scarlet-rumped Tanager

Snowy Egret

Tropical Kingbird

Turkey Vulture

Western Cattle Egret

Wood Stork

Yellow-throated Toucan

Green Iguana

Hoffmann's Two-toed Sloth

Collared Peccary

THURSDAY, DECEMBER 26TH.

Up bright and early to be across at the main building to meet our guide, Alberto, at 6h00. We had a bit of a walk down towards the lagoon because it was too early for breakfast at 7 on the dot. It was on this walk that we saw the ***Olive-backed quail dove***.

Alberto was very good and had a scope with him which was great because ours was broken. Afterwards we had some good views of birds such as *Collared aricaris*, *Crimson-collared tanagers*, *Bright-rumped attila*, *Black-crested coquette* before setting off down the road for a walk. I wasn't feeling too good so returned after a while – knackered and dehydrated I think. I enjoyed my time on my own watching the birds around there and drinking copious amounts of water! When the men returned, they went for a walk down to the Lagoon but I stayed where I was. They saw some good birds but I enjoyed my bit of peace and quiet too.

After lunch, Alberto said he was leaving which was a bit of a surprise since he had been booked for the day but when we said we were going up a trail until it got impassable, he said he'd come with us. It got really bad after a while because they are working on improving the trails! He left after that and we went for a pleasant wander down the road where we saw *Black guan*.

We spent the rest of the daylight hours sitting on the verandah looking at monkeys, hummingbirds etc before enjoying another delicious meal 🙄

Roland isn't good. Got the shivers and is boiling hot. Not good.

Anhinga

Bananaquit

Bay-headed Tanager

Black Guan
Black Phoebe
Black-and-white Warbler
Black-and-yellow Tanager
Black-cheeked Woodpecker
Black-crested Coquette
Black-faced Grosbeak
Black-headed Tody-Flycatcher
Blue-black Grosbeak
Bright-rumped Attila
Broad-winged Hawk
Brown-billed Scythebill
Brown-hooded Parrot
Buff-rumped Warbler
Buff-throated Saltator
Carmioli's Tanager
Chestnut-sided Warbler
Cinnamon Becard
Clay-colored Thrush
Collared Aracari
Collared Trogon
Crested Guan
Crimson-collared Tanager
Dusky Antbird
Dusky-capped Flycatcher
Great Kiskadee
Green Kingfisher
Grey-throated Leaf-tosser
King Vulture
Least Grebe
Lesser Greenlet
Neotropic Cormorant
Northern Plain Xenops
Northern Tropical Pewee
Ocellated Antbird
Olivaceous Piculet
Olive-backed Euphonia
Olive-backed Quail-Dove
Olive-crowned Yellowthroat
Ornate Hawk-Eagle
Osprey
Plain Antvireo
Red-billed Pigeon
Rufous Mourner
Rufous-tailed Hummingbird
Russet Antshrike
Scale-crested Pygmy Tyrant

Scarlet-rumped Tanager
Short-billed Pigeon
Slate-colored Grosbeak
Smoky-brown Woodpecker
Spotted Antbird
Spotted Woodcreeper
Squirrel Cuckoo
Streak-crowned Antvireo
Stripe-breasted Wren
Sulphur-rumped Myiobius
Tawny-capped Euphonia
Tawny-faced Gnatwren
Trilling Gnatwren
Tropical Kingbird
Tropical Parula
Turkey Vulture
Variable Seedeater
Violet-headed Hummingbird
Wedge-billed Woodcreeper
White Hawk
White-breasted Wood Wren
White-collared Swift
Wood Thrush
Yellow-bellied Flycatcher
Yellow-winged Flatbill

Green Iguana
Hoffmann's Two-toed Sloth

WEDNESDAY, DECEMBER 27TH.

We got up early so we could spend some time on the verandah before breakfast but it was disappointingly quiet.

We left immediately after breakfast. We had a slow drive to our next spot stopping off at a tourist spot for a drink, toilets and more tablets for Roland and had a wonderful surprise 😊 There was a banana feeder round the back of the buildings where a zip-line operated from. It was amazing and we were blown away by the number and variety of birds there. All those beautiful tanagers! And a lifer to boot: ***Blue and gold tanager*** I was delighted to be asked if I would like to hold a piece of banana – daft question. Of course I would and soon had tanagers eating from it and perching on my hand and fingers. Seventh heaven and the racoon pottering about lower down was a bit of a cute cutie too.

We arrived at Tarcoles Birding Lodge at lunchtime and there was no-one there. Nor was there a proper sign. We drove off to check we were in the right place and when we returned someone else had just arrived and turned out to be the owner. He seemed surprised to see us and even more surprised that we were expecting to be fed! His wife rustled something up whilst we were being entertained by the White-faced capucin monkeys they feed. Very cute but they no longer get the Scarlet macaws etc because of that. So far as birding went, this was a disappointing place to stay. I had wanted to change it to Cerro Lodge or somewhere similar

where you get to see lots of birds close up. I also remember the quaint outdoor showers there back in 2014! Could be rubbish now, of course. After lunch Roland went to bed which was the best place for him and I sat outside enjoying the sun, birds and flowers.

Bananaquit

Black Vulture

Black-cheeked Woodpecker

Blue-and-gold Tanager

Blue-and-white Swallow

Blue-black Grassquit

Blue-grey Tanager

Boat-billed Flycatcher

Broad-winged Hawk

Buff-rumped Warbler

Chestnut-sided Warbler

Cinnamon Hummingbird

Clay-colored Thrush

Common Chlorospingus

Common Ground Dove

Crimson-collared Tanager

Emerald Tanager

Great Kiskadee

Great-tailed Grackle

Groove-billed Ani

Inca Dove

Palm Tanager

Red-crowned Woodpecker

Red-lored Amazon

Ruddy Ground Dove

Rufous-backed Wren

Rufous-tailed Hummingbird

Scarlet Macaw

Scarlet-rumped Tanager

Silver-throated Tanager

Speckled Tanager

Tawny-capped Euphonia

Turkey Vulture

Turquoise-browed Motmot

White-tipped Dove

White-winged Dove

Northern Raccoon

Panamanian White-faced Capuchin

Green Iguana

House Gecko

THURSDAY, DECEMBER 28TH

We had arranged breakfast for 6h30 but it was late so we had to leave most of it to get to Carara NP on time. Our guide, Santiago, was already there and almost ready. He had a Swarovski scope with him which was great. He took us on a four hour walk, pointing out they had only recently re-opened the park as it had been closed for a month due to the floods. You could clearly see the devastation in some areas. Highlights of the morning included the Green and black poison dart frog, *Rufous piha*, *Chestnut-backed antbird*, ***Streak-chested antpitta***, ***Red-capped manakin***, ***Blue-throated sapphire***, and the male Tennessean. There were 3 females on the ground too, so well camouflaged that I nearly stood on one! Santiago was very amiable and knowledgeable about the park and its residents. 4 lifers was excellent! 😊

There was so much traffic when we left! Completely backed up – never seen it like that before. We went for lunch then went more-or-less straight back out to ensure we wouldn't be late for our excellent boat trip where we had a different guide who was very likeable and knowledgeable as was the excellent boatman. We didn't see anything new and dipped on the hummingbird this time but the weather wasn't best - it was heading for rain, visibility was worsening and it was nearly dark when we got back.

Horrid drive back to hotel in the dark and rain with so much traffic and rubbish headlights on our vehicle.

69 birds spotted today of which 57 were new for the trip and 4 were lifers! 😊

American White Ibis

American Yellow Warbler

Anhinga

Baltimore Oriole

Bare-throated Tiger Heron

Black Vulture

Black-necked Stilt

Blue-grey Tanager

Blue-throated Sapphire

Boat-billed Heron

Brown Pelican

Chestnut-backed Antbird

Clay-colored Thrush

Collared Plover

Common Black Hawk

Crested Caracara

Crested Guan

Double-striped Thick-knee

Gartered Trogon

Great Blue Heron

Great Egret

Great Kiskadee

Great Tinamou

Great-tailed Grackle

Green Heron

Green Kingfisher

Grey Hawk

Groove-billed Ani

Hudsonian Whimbrel
Inca Dove
Least Sandpiper
Lesser Nighthawk
Little Blue Heron
Long-billed Hermit
Magnificent Frigatebird
Mangrove Swallow
Mangrove Warbler
Mealy Amazon
Melodious Blackbird
Montezuma Oropendola
Muscovy Duck
Neotropic Cormorant
Northern Black-throated Trogon
Northern Tropical Pewee
Orange-billed Sparrow
Orange-fronted Parakeet - VU
Osprey
Panama Flycatcher
Red-capped Manakin
Red-crowned Woodpecker
Royal Tern
Rufous Piha
Rufous-backed Wren
Scaly-breasted Hummingbird
Scarlet Macaw
Semipalmated Plover
Snowy Egret
Southern Lapwing
Spotted Sandpiper
Streak-chested Antpitta
Tricolored Heron
Tropical Kingbird
Western Cattle Egret
White-tipped Dove
Willet
Wilson's Plover
Wood Stork
Yellow-crowned Night Heron
Yellow-headed Caracara

White-nosed Coati
Mantled Howler
Panamanian White-faced Capuchin
Greater Sac-winged Bat
Mantled Howler

Brown Basilisk
Central American Agouti
Central American Spider Monkey
Common Tent-making Bat
Black Iguana
Common Basilisk
American Crocodile
House Gecko

FRIDAY, DECEMBER 29TH

Cloudy start.

We saw the coati this morning that our host is encouraging to come for food. Lovely to watch but he should rename his hotel 😊

Off to the Villa Tica today.

It wasn't long before the rain hit and it was AWFUL 😞 In fact it rained practically all the way so we missed out on a scenic ride with all the low cloud. It was a long drive with an interesting Waze "diversion" and Pieter's instructions for the last bit were plain wrong 😞 The Villa Tica is not orange, you can't see it from the road and it is not where he says it is! By dint of asking and Roland's determination, we succeeded in finding it much to our host's surprise. He said we were the first and he generally had to go into town to guide visitors up there.

Our house was so beautiful and the setting was enough to take your breath away when you walked round the side. Oh my word – that view and those feeders!!!!

Orlando made us smoothies, coffee and lunch – vast choice. And talked and talked and talked He is a veritable mine of information and also an expert birder with excellent knowledge of animals etc too.

It was magical sitting out there until the rain set in. Didn't bode well for the morrow but who cared?!?

We had dinner to look forward to and this time Orlando came with reinforcements. Waited on hand and foot.

46 birds seen today of which 12 were new for the trip and 1 was a lifer - **White-crested coquette** at Orlando's. On 183 now, 7 of which are lifers 😊

American Yellow Warbler

Baltimore Oriole

Bananaquit

Bay-headed Tanager

Black Vulture

Black-striped Sparrow

Blue-grey Tanager

Boat-billed Flycatcher

Broad-winged Hawk

Brown Pelican

Buff-rumped Warbler

Buff-throated Saltator

Clay-colored Thrush

Crested Caracara

Dusky-capped Flycatcher

Fiery-billed Aracari

Golden-hooded Tanager
Great Blue Heron
Great Kiskadee
Great-tailed Grackle
Green Honeycreeper
Grey-headed Chachalaca
Inca Dove
Lesson's Motmot
Magnificent Frigatebird
Neotropic Cormorant
Palm Tanager
Red-crowned Woodpecker
Red-headed Barbet
Rose-throated Becard
Ruddy Ground Dove
Rufous-backed Wren
Rufous-collared Sparrow
Rufous-tailed Hummingbird
Scarlet Macaw
Scarlet-rumped Tanager
Silver-throated Tanager
Speckled Tanager
Stripe-throated Hermit
Summer Tanager
Tropical Kingbird
Turkey Vulture
Turquoise-browed Motmot
Western Cattle Egret
White-crested Coquette
White-winged Dove
Yellow-headed Caracara
Yellow-throated Toucan

White-nosed Coati
Variegated Squirrel

SATURDAY, DECEMBER 30TH.

Awful night's sleep for both of us – too much talking and coffee.

Orlando was round at to make coffee at an unearthly hour and our guide Noel was expected to arrive soon after. His face when he walked round to the terrace was an absolute picture! It was agreed that after coffee and buns we would have a short walk then return for breakfast followed by more walking and a drive around. Getting Noel away from the terrace was not easy 😊 especially when he and Orlando realised that they had met years ago.

It was a beautiful morning – blue skies and sunshine with some atmospheric clouds over the valley and distant mountains.

Noel proved to be an excellent guide with a quirky sense of humour. Corny jokes but he made me laugh and he was a very considerate person as well as being a superb guide. I would love

to bird with him for a longer period of time should we return. He does do tours. 😊 No lifers but a good crop of birds and a very enjoyable morning.

We finished up at the Aricari birding deck where we would also be having a splendid lunch. Sad to say, it wasn't worth the hype. The lady who owns it has created a very nice area with a stream, pond, natural perches etc and has a covered area for sitting, observing, eating, relaxing. She was very nice but after Orlando's it was a bit lacking.... Sod all at the hummingbird feeders and not much birdlife in general. Lunch was chicken and stuff wrapped in a banana leaf but it was rather dry. Plenty of juice tea and coffee available though. We made our excuses when it started raining. It was torrential within seconds! So, back to Orlando's until the weather improved except that it didn't. The rest of the day was spent on the terrace as there was no point going out in the rain and low cloud and the birds were still coming. The family of five *Fire breasted aricaris* were amazing as was the constant stream of smaller birds – tanagers, barbet, woodpeckers etc. Orlando and Noel lapsed into Spanish most of the time especially once they realised they knew each other from way back. They both knew Ohio – I already knew about Orlando's connections there and asked Noel why he had been there then there loud No ways! as they had both been based in Daytona then Roland piped up that he had worked there too. Amazing coincidence. So much talking and it soon went rather cool too.

Orlando insisted on doing Roland's washing and drying it for him – seeing he only had 2 shirts, one pair of shorts and one pair of undies it didn't take long.

Dinner was another delicious meal prepared by Orlando's two lovely lady helpers (more like family than hired help) and then it was bedtime. We said not to get up early and come to make coffee but we would like a bit of a lie in and Roland would see to it.

American Yellow Warbler

Baltimore Oriole

Bananaquit

Bat Falcon

Bay-headed Tanager

Black Vulture

Black-and-white Warbler

Blackburnian Warbler

Black-faced Antthrush

Black-striped Sparrow

Blue Dacnis

Blue-grey Tanager

Broad-winged Hawk

Buff-throated Saltator

Chestnut-sided Warbler

Clay-colored Thrush

Common Chlorospingus

Common Tody-Flycatcher

Crested Caracara

Gartered Trogon

Golden-hooded Tanager

Golden-olive Woodpecker

Golden-winged Warbler

Green Honeycreeper

Grey-cowled Wood Rail
Grey-headed Chachalaca
Lesser Greenlet
Lesson's Motmot
Mistletoe Tyrannulet
Mountain Elaenia
Olivaceous Piculet
Palm Tanager
Philadelphia Vireo
Red-crowned Woodpecker
Red-headed Barbet
Red-legged Honeycreeper
Red-tailed Hawk
Roadside Hawk
Rufous-tailed Hummingbird
Scarlet-rumped Tanager
Short-tailed Hawk
Silver-throated Tanager
Slaty-capped Flycatcher
Snowy-bellied Hummingbird
Social Flycatcher
Southern House Wren
Speckled Tanager
Spot-crowned Euphonia
Squirrel Cuckoo
Streaked Saltator
Stripe-throated Hermit
Sulphur-winged Parakeet
Summer Tanager
Tennessee Warbler
Tropical Mockingbird
Turkey Vulture
Vaux's Swift
Velvety Manakin
White-collared Swift
White-crested Coquette
White-ruffed Manakin
White-throated Thrush
Yellow-bellied Elaenia
Yellow-crowned Euphonia
Yellow-faced Grassquit
Yellow-headed Caracara
Yellow-throated Toucan

Variegated Squirrel
Variegated Squirrel
Central American Agouti

TUESDAY, DECEMBER 31ST

It was great to have a bit of a lie-in and quiet coffeetime.

Besides making the coffee, Roland had been in search of the **Costa rican brushfinch** we had dipped on so far. This time, he managed to tempt him out and we both had excellent views but no photos. When Orlando et al came down to make breakfast we told them about it and he came out again. This time we were ready with our cameras. Happy, happy 😊

It was another lovely morning and we were actually able to see the mountains in the distance which Orlando said didn't happen often

We had a longish drive ahead of us so couldn't stay long at the feeders but we would definitely return here!

Our first stop was Walmart for a cheap suitcase then off to the Hotel Bougainvillea again.

We had a wander round the grounds but there wasn't much to see it being late afternoon – just 2 *Mottled owls* in the bamboo 😊

Dinner was awful – we complained and ended up leaving most of it as their replacement offering was still not properly cooked.

Early night in preparation for the morrow but by heck the noisy unrestrained children were an absolute pain and the fireworks were something else!! Very impressive. The New Year has begun.....

Bananaquit

Bay-headed Tanager

Black Vulture

Black-thighed Grosbeak

Buff-throated Saltator

Cabanis's Wren

Clay-colored Thrush

Costa Rican Brushfinch

Finsch's Parakeet

Golden-hooded Tanager

Great Kiskadee

Great-tailed Grackle

Green Honeycreeper

Lesson's Motmot

Melodious Blackbird

Mottled Owl

Palm Tanager

Red-billed Pigeon

Red-crowned Woodpecker

Red-headed Barbet

Roadside Hawk

Rufous-tailed Hummingbird

Scarlet-rumped Tanager

Silver-throated Tanager

Speckled Tanager

Spot-crowned Euphonia

Summer Tanager

Turkey Vulture

White-crested Coquette

Central American Agouti

WEDNESDAY, JANUARY 1ST 2025

And now for the grand finale – 3 days birding with Patrick O'Donnell. We had birded with him the first time we had visited CR back in 2014 and he had also helped us with our itinerary.

Up at 4h10. Downstairs ready and waiting for him well before 5h30. Waited and waited but no Patrick. Messaged him and he'd gone to the wrong hotel 😞 Anyway, it was on the way to where we were going so we went and picked him up there. Bit of spotting in the near dark then we set off on our long drive (nearly 400 kms) stopping here and there to see what we could see in the fields, swamps and on the coast. Good crop of birds round Tabaris etc including both *Long* and *Short-billed dowitchers*, lots of *Osprey* near a fish farm, a beautiful but shy *Lesser ground cuckoo* and *Spot-bellied bobwhite*! It was great to be birding somewhere warm and dry for a change. Very pleasant indeed. We were starving by lunchtime and begged a stop in Canas where the restaurant Mimi was one of the few places open. They had a nice buffet 😊 and then came round with an unexpected dessert – a strange jelly thing. Tasty enough.

We didn't stop again until we arrived at Oski Lodge. Cool, misty, damp. Gates closed. No signs of life. Pat eventually managed to open the gates but there was no-one up by the lodge so we had to sit and wait whilst Pat made a few phone calls and a lady appeared. She was surprised to see us and seemed to be saying that we didn't have a booking. Oh yes we did! All paid for! We were eventually shown inside and she opened 3 rooms for us to choose from. She also opened up the shutters so we could see everywhere better and it did look quite nice with gardens, sitting out areas etc. She would not make us dinner though but did agree to a pot of welcome coffee. Said we had to go down the road to a soda. It was ok. Not much choice but freshly made and edible.

We saw some *Pauraque* on the way back and as it had stopped raining, Pat wanted to walk in the grounds. It was grim underfoot and I would have hated it in daylight never mind in the dark! Then the rain came on again so we headed back inside only to find that we couldn't get into our room! The key that had been in the lock was the wrong one – we hadn't noticed. Just took it out and pulled the door to. Was there a spare key or a pass key? No. The lady went through every key she had and even tried to break in but nothing worked. Roland had gone round the back to climb onto our balcony and break in from there when finally, she opened the door. Phew. She then had to find the correct key Definitely bedtime by then and after a bit of wrangling she agreed to make breakfast for us the next da.

83 species today – 32 new for the trip but 0 lifers – takes us to 249 so far.

American Yellow Warbler

Baltimore Oriole

Bare-throated Tiger Heron

Barn Swallow

Black Vulture

Black-bellied Whistling Duck

Black-necked Stilt

Blue Grosbeak

Blue-and-white Swallow

Blue-vented Hummingbird

Blue-winged Teal
Bronzed Cowbird
Brown Pelican
Brown-crested Flycatcher
Buff-rumped Warbler
Chestnut-capped Warbler
Chestnut-sided Warbler
Cinnamon Hummingbird
Clay-colored Thrush
Common Ground Dove
Crested Caracara
Finsch's Parakeet
Franklin's Gull
Great Egret
Great Kiskadee
Greater Yellowlegs
Great-tailed Grackle
Green Kingfisher
Greenish Elaenia
Grey-cowled Wood Rail
Grey-crowned Yellowthroat
Groove-billed Ani
Harris's Hawk
House Sparrow (Introduced)
Inca Dove
Laughing Falcon
Laughing Gull
Lesser Ground Cuckoo
Lesser Yellowlegs
Long-billed Dowitcher
Mangrove Swallow
Montezuma Oropendola
Morelet's Seedeater
Neotropic Cormorant
Nutting's Flycatcher
Ochre-bellied Flycatcher
Olive-backed Euphonia
Osprey
Pauraque
Philadelphia Vireo
Plain-breasted Ground Dove
Red-billed Pigeon
Red-winged Blackbird
Roadside Hawk
Royal Tern
Ruddy Ground Dove
Ruddy Turnstone

Rufous-backed Wren
Rufous-tailed Hummingbird
Sanderling
Scarlet Macaw
Scissor-tailed Flycatcher
Shiny Cowbird
Short-billed Dowitcher
Short-tailed Hawk
Snowy Egret
Social Flycatcher
Southern Lapwing
Spot-bellied Bobwhite
Stilt Sandpiper
Stripe-headed Sparrow
Tennessee Warbler
Tropical Kingbird
Turkey Vulture
Turquoise-browed Motmot
Variable Seedeater
Western Cattle Egret
Western Kingbird
White-collared Manakin
White-collared Swift
White-winged Dove
Wood Stork
Yellow-headed Caracara

Green Iguana
Mantled Howler

THURSDAY, JANUARY 2ND

Breakfast at 6 – later than Pat had wanted and not on time. Not wonderful.

We then worked our way up to Sensoria, stopping here and there for a walk. Bit cool. We got a few really good birds but were battling with the gloom and rain. Pat mentioned a trail from Sensoria to the top of the mountain but I took one look and said No way. Not maintained and torrential rain then we realised it was blocked with a load of rubbish. We were still in relatively good humour when we went for a lunch of a thankfully small, dried up tilapia fillet.

Would we fare better going downhill in the afternoon following the same routine? In a word, no. Same coolness, mist and rain. Quite a lot of birds seen overall but mostly poor views and. We went to a different soda tonight further down the hill. Huge menu and a more modern establishment with a lovely AirBnb round the back. I doubt we'll ever go back to this area but were we to do so, that's where I would want to stay. The food was better here but the service was slow.

An amazing 78 today! 23 were new for the trip and 2 were lifers: ***Rufous-winged woodpecker*** and ***Northern nightingale-wren***

American Yellow Warbler
Bananaquit

Bay Wren
Black Vulture
Black-and-white Warbler
Black-cheeked Woodpecker
Black-faced Antthrush
Black-faced Grosbeak
Blue-chested Hummingbird
Blue-grey Tanager
Broad-winged Hawk
Buff-rumped Warbler
Carmioli's Tanager
Chestnut-sided Warbler
Cinnamon-bellied Saltator
Clay-colored Thrush
Common Chlorospingus
Dusky Antbird
Gartered Trogon
Golden-hooded Tanager
Great Kiskadee
Green Hermit
Grey-capped Flycatcher
Grey-headed Kite
Hoffmann's Woodpecker
Keel-billed Motmot - VU
Keel-billed Toucan
Kentucky Warbler
Lesser Greenlet
Masked Tityra
Mealy Amazon
Melodious Blackbird
Montezuma Oropendola
Morelet's Seedeater
Northern Nightingale-Wren
Northern Plain Xenops
Olivaceous Piculet
Olive-throated Parakeet
Orange-billed Sparrow
Orange-chinned Parakeet
Purple-crowned Fairy
Red-billed Pigeon
Red-lored Amazon
Red-throated Ant Tanager
Ruddy Ground Dove
Rufous Motmot
Rufous-tailed Hummingbird
Rufous-winged Woodpecker
Russet Antshrike

Scaly-breasted Hummingbird
Scarlet-rumped Tanager
Short-tailed Hawk
Silver-throated Tanager
Smoky-brown Woodpecker
Social Flycatcher
Southern House Wren
Spotted Antbird
Spotted Woodcreeper
Squirrel Cuckoo
Streak-headed Woodcreeper
Stripe-breasted Wren
Sulphur-rumped Myiobius
Summer Tanager
Tennessee Warbler
Thick-billed Seed Finch
Tody Motmot
Tropical Kingbird
Turkey Vulture
Variable Seedeater
Violet-headed Hummingbird
White Hawk
White-browed Gnatcatcher
White-crowned Parrot
White-ringed Flycatcher
White-shouldered Tanager
White-tipped Dove
White-winged Dove
Yellow-throated Toucan

Mantled Howler

FRIDAY, JANUARY 3RD

Breakfast was late and cooked by someone different because the usual lady was poorly. It was horrible: incredibly greasy, salty scrambled egg with rice and beans.

They insisted we pay \$50 dollars for the coffees and lunch we had had before we left.

We set off down the road stopping here and there but it was pretty gloomy even though it wasn't raining (yet) and we were rather fed up and eventually Roland just drove off. We had a long way to go. Probably in the rain 😞

Despite the poor conditions we did actually see quite a lot but it was hard work getting in and out of the car all the time due to the weather! We spent quite a lot of time waiting for a reluctant *Northern schiffornis* and an obstinate *Slate-breasted tinamou* but they were both determined not to show.

We stopped for lunch at the Hotel Wilson in Upala. Patrick's choice. We would have preferred a soda. I tried one last time for a ceviche. It was just about acceptable – the toilets weren't Heaven only knows when they last cleaned the washbasins and surrounding area. No soap, no towels. Ugh 😞

It had been warm and sunny when we arrived but now it was absolutely lashing it down again. It seemed an awful long way up to the Cabanas at San Isidro – another one. How many San Isidros are there in Costa Rica??

We were welcomed by our smarmy full-on host then directed to our room down the hill. We drove so we could park down there but had to walk up some horrid steps and along a part-flagged area all under water to get to the main building. No lights in the dark. Our room was small but ok – much glass and the block of rooms with a large terrace was surrounded by forest on 3 sides. Very nice 😊 There was limited storage space and they seem to be geared up to people only staying one or two nights.

The dining-room, pool and relaxation lounge were all under the same roof – open plan and echoing. There wasn't much choice for dinner. A packed breakfast was refused even though we only wanted some hard-boiled eggs and some fruit which could have been prepared there and then. There would be coffee he said but that was prepared later than he said.

Not quite sure how we managed to spot 62 species today given the conditions but we were with Pat, after all!

Barred Hawk

Black Phoebe

Black Vulture

Black-cheeked Woodpecker

Black-crowned Antshrike

Black-faced Antthrush

Black-striped Sparrow

Black-throated Wren

Blue-and-white Swallow

Blue-black Grassquit

Blue-grey Tanager

Boat-billed Flycatcher

Broad-winged Hawk

Buff-throated Saltator

Chestnut-sided Warbler

Cinnamon Woodpecker

Clay-colored Thrush

Crested Caracara

Crested Guan

Fasciated Antshrike

Gartered Trogon

Golden-hooded Tanager

Great Egret

Great Kiskadee

Great Potoo

Great-tailed Grackle

Green Ibis

Grey-chested Dove

Groove-billed Ani

Keel-billed Toucan

Laughing Falcon

Mealy Amazon

Melodious Blackbird
Montezuma Oropendola
Orange-chinned Parakeet
Palm Tanager
Red-capped Manakin
Red-lored Amazon
Roadside Hawk
Rufous-tailed Hummingbird
Rufous-winged Woodpecker
Scarlet-rumped Tanager
Short-billed Pigeon
Short-tailed Hawk
Silver-throated Tanager
Smoky-brown Woodpecker
Southern Lapwing
Spotted Antbird
Stripe-throated Hermit
Summer Tanager
Thick-billed Seed Finch
Tropical Kingbird
Variable Seedeater
Violet-headed Hummingbird
Western Cattle Egret
White-collared Manakin
White-crowned Parrot
White-ruffed Manakin
White-tipped Dove
White-whiskered Puffbird
White-winged Dove
Yellow-faced Grassquit

Central American Agouti

SATURDAY, JANUARY 4TH

Early start – 5h00. Coffee wasn't ready. Gave us a pack of biscuits each.

It was fine, but not for long. Low cloud, cool, torrential rain. Grim. 😞

Same routine when we got there of driving, getting out, getting back in because it was peeing it down... Roland fell asleep a few times whilst parked as he was exhausted and fed up. Eventually we agreed there was no joy in this and told Pat so.

22 species seen with some really good spots but so frustrating for us all. We had been so looking forward to birding with Pat again but the conditions really were grim. We offered to drive him back home and said we would go up to Cinchona afterwards for food and the feeders. We wanted breakfast on the way though! So that's what we did. Pat suggested stopping at a restaurant we knew and hey presto – it was the place with the banana feeders: the San Luis Adventure Centre. He had all the details wrong – said it cost \$10 each and there were all sorts of conditions – he was either confusing it with somewhere else or it was an awful long time since he had been there. We took him round and were disappointed to see

that there were no bananas out though there were birds in the trees. All of a sudden about 50 tanagers (I kid you not) flew straight at us – they were landing on my hat and bouncing off me 😊 What on earth had frightened them? Nothing actually – there was a man standing behind us with his arms full of bananas and he was covered in tanagers. An amazing experience which even impressed Pat who was even more amazed when he spotted the **Blue and gold tanager**. As for the Northern racoon 😊 who wanted to make friends with me and maybe steal my camera ... and the White-faced coati.... 😊 And not only that, I was able to feed the birds again and asked Roland to do a short video. Loved it. A great stop – the cheese empanadas in the restaurant were delicious but they need to up the coffee cup size 😊 I was able, too, to nip into the souvenir shop to buy another cheap t-shirt or two 😊 We left with smiles on our faces and Pat just couldn't get over it all. Happy, happy 😊 😊 😊 We passed a fantastic waterfall soon after – so pretty and very unusual with lots of small waterfalls combined but nowhere to stop 😞 We duly dropped Pat off at his home then went up to Cinchona which was disappointing – a combination of factors: poor visibility, lack of birds, forgot part of our order, watered down juice, time of day.... Roland was very tired and the roads were busy ... Back to the Bougainvillea again where we were instantly recognised. At least we knew we would have a nice, comfortable room with a good working shower here!

Baltimore Oriole

Bananaquit

Bay-headed Tanager

Black Guan

Black-cheeked Woodpecker

Blue-and-gold Tanager

Blue-black Grosbeak

Blue-grey Tanager

Blue-throated Toucanet

Broad-billed Motmot

Broad-winged Hawk

Buff-rumped Warbler

Buff-throated Saltator

Carmioli's Tanager

Chestnut-capped Brushfinch

Chestnut-sided Warbler

Clay-colored Thrush

Collared Trogon

Common Chlorospingus

Coppery-headed Emerald (Endemic)

Crimson-collared Tanager

Dusky-capped Flycatcher

Emerald Tanager

Eye-ringed Flatbill

Great Kiskadee

Great-tailed Grackle

Green Thorntail

Green-crowned Brilliant

Grey Hawk
Long-billed Hermit
Montezuma Oropendola
Northern Plain Xenops
Orange-billed Sparrow
Palm Tanager
Plain Antvireo
Prong-billed Barbet
Rufous-tailed Jacamar
Scarlet-rumped Tanager
Silver-throated Tanager
Slaty Antwren
Smoky-brown Woodpecker
Speckled Tanager
Summer Tanager
Tawny-capped Euphonia
Variable Seedeater
Western Cattle Egret
White-crowned Parrot
White-necked Jacobin
White-throated Shrike-Tanager
White-winged Dove

White-nosed Coati
Northern Raccoon

SUNDAY, JANUARY 5TH.

A bit of a lie in this morning then straight down for breakfast, to load the car up and drive to the lovely Copes for a few hours relaxing hours spent with him. It was great 😊 Warm and sunny. He and Roland went off for a mooch in the swamp – Copey didn't seem keen on me joining them this time as it was so bad underfoot and I was happy enough to stay and wait for a *Keel billed toucan* among other things but they were gone for an awful long time and I never did find out just what they had seen. 😞

We had planned on going for a trout lunch near Poas but neither of us had had the foresight to write down the name of it and there was no internet at all, anywhere. We ended up just buying some absolutely delicious ceviche by the roadside then going to the car drop off point. We were both ready for home by now. Most unusual for us but it really had been a disappointing trip mainly because of the weather which certainly put a damper on things but a lot of very early starts and long drives plus Roland having an infection didn't help. Disappointing accommodation too. If this had been our first trip to Costa Rica, we would not be returning. Will we go for a fifth time? Who knows? Watch this space

Baltimore Oriole
Bay Wren
Black-and-white Owl
Blue-grey Tanager
Bronze-tailed Plumeleteer
Brown-hooded Parrot
Chestnut-headed Oropendola

Clay-colored Thrush
Collared Aracari
Crested Owl
Great Kiskadee
Great-tailed Grackle
Green Honeycreeper
Green Ibis
Green Kingfisher
Grey-cowled Wood Rail
House Sparrow (Introduced)
Keel-billed Toucan
Melodious Blackbird
Montezuma Oropendola
Olive-backed Euphonia
Orange-chinned Parakeet
Pale-vented Pigeon
Palm Tanager
Red-legged Honeycreeper
Red-winged Blackbird
Scaly-breasted Hummingbird
Scarlet-rumped Cacique
Scarlet-rumped Tanager
Shining Honeycreeper
Silver-throated Tanager
Slaty-tailed Trogon
Spectacled Owl
White-collared Manakin
White-necked Jacobin
Yellow-throated Toucan

Variegated Squirrel
Honduran White Bat
Common Tent-making Bat
Smooth Helmeted Iguana
Common Basilisk

FULL BIRD LIST

299 species seen of which 11 were lifers. We saw 4 of these with Pat. Very happy with that as we weren't really expecting to see more than one or two.

Amazon Kingfisher
American White Ibis
American Yellow Warbler
Anhinga
Baltimore Oriole
Bananaquit
Bare-throated Tiger Heron

Barn Swallow
Barred Hawk
Bat Falcon
Bay Wren
Bay-headed Tanager
Black Guan
Black Phoebe
Black Vulture
Black-and-white Owl
Black-and-white Warbler
Black-and-yellow Tanager
Black-bellied Whistling Duck
Blackburnian Warbler
Black-cheeked Woodpecker
Black-collared Hawk
Black-crested Coquette
Black-crowned Antshrike
Black-faced Antthrush
Black-faced Grosbeak
Black-headed Tody-Flycatcher
Black-necked Stilt
Black-striped Sparrow
Black-thighed Grosbeak
Black-throated Wren
Blue Dacnis
Blue Grosbeak
Blue-and-gold Tanager
Blue-and-white Swallow
Blue-black Grassquit
Blue-black Grosbeak
Blue-chested Hummingbird
Blue-grey Tanager
Blue-throated Sapphire
Blue-throated Toucanet
Blue-vented Hummingbird
Blue-winged Teal
Boat-billed Flycatcher
Boat-billed Heron
Bright-rumped Attila
Broad-billed Motmot
Broad-winged Hawk
Bronzed Cowbird
Bronze-tailed Plumeleteer
Brown Pelican
Brown-billed Scythebill
Brown-crested Flycatcher
Brown-hooded Parrot

Buff-rumped Warbler
Buff-throated Saltator
Cabanis's Wren
Carmioli's Tanager
Chestnut-backed Antbird
Chestnut-capped Brushfinch
Chestnut-capped Warbler
Chestnut-headed Oropendola
Chestnut-sided Warbler
Cinnamon Becard
Cinnamon Hummingbird
Cinnamon Woodpecker
Cinnamon-bellied Saltator
Clay-colored Thrush
Collared Aracari
Collared Plover
Collared Trogon
Common Black Hawk
Common Chlorospingus
Common Ground Dove
Common Tody-Flycatcher
Coppery-headed Emerald (Endemic)

Costa Rican Brushfinch

Crested Caracara
Crested Guan
Crested Owl
Crimson-collared Tanager
Double-striped Thick-knee
Dusky Antbird
Dusky-capped Flycatcher
Emerald Tanager
Eye-ringed Flatbill
Fasciated Antshrike
Fiery-billed Aracari
Finsch's Parakeet
Franklin's Gull
Gartered Trogon
Golden-hooded Tanager
Golden-olive Woodpecker
Golden-winged Warbler
Great Blue Heron
Great Crested Flycatcher
Great Egret
Great Green Macaw - CR
Great Kiskadee
Great Potoo
Great Tinamou

Greater Yellowlegs
Great-tailed Grackle
Green Hermit
Green Heron
Green Honeycreeper
Green Ibis
Green Kingfisher
Green Thorntail
Green-crowned Brilliant
Greenish Elaenia
Grey Hawk
Grey-capped Flycatcher
Grey-chested Dove
Grey-cowled Wood Rail
Grey-crowned Yellowthroat
Grey-headed Chachalaca
Grey-headed Kite
Grey-throated Leaf-tosser
Groove-billed Ani
Harris's Hawk
Hoffmann's Woodpecker
House Sparrow (Introduced)
Hudsonian Whimbrel
Inca Dove
Keel-billed Motmot - VU
Keel-billed Toucan
Kentucky Warbler
King Vulture
Laughing Falcon
Laughing Gull
Least Grebe
Least Sandpiper
Lesser Greenlet
Lesser Ground Cuckoo
Lesser Nighthawk
Lesser Yellowlegs
Lesson's Motmot
Little Blue Heron
Long-billed Dowitcher
Long-billed Hermit
Magnificent Frigatebird
Mangrove Swallow
Mangrove Warbler
Masked Tityra
Mealy Amazon
Melodious Blackbird
Mistletoe Tyrannulet

Montezuma Oropendola
Morelet's Seedeater
Mottled Owl
Mountain Elaenia
Muscovy Duck
Neotropic Cormorant
Northern Black-throated Trogon
Northern Jacana
Northern Nightingale-Wren
Northern Plain Xenops
Northern Tropical Pewee
Nutting's Flycatcher
Ocellated Antbird
Ochre-bellied Flycatcher
Olivaceous Piculet
Olive-backed Euphonia
Olive-backed Quail-Dove
Olive-crowned Yellowthroat
Olive-throated Parakeet
Orange-billed Sparrow
Orange-chinned Parakeet
Orange-fronted Parakeet - VU
Ornate Hawk-Eagle
Osprey
Pale-vented Pigeon
Palm Tanager
Panama Flycatcher
Pauraque
Philadelphia Vireo
Piratic Flycatcher
Plain Antvireo
Plain-breasted Ground Dove
Prong-billed Barbet
Purple Gallinule
Purple-crowned Fairy
Red-billed Pigeon
Red-capped Manakin
Red-crowned Woodpecker
Red-headed Barbet
Red-legged Honeycreeper
Red-lored Amazon
Red-tailed Hawk
Red-throated Ant Tanager
Red-winged Blackbird
Ringed Kingfisher
Roadside Hawk
Rose-throated Becard

Royal Tern
Ruddy Ground Dove
Ruddy Turnstone
Rufous Motmot
Rufous Mourner
Rufous Piha
Rufous-backed Wren
Rufous-collared Sparrow
Rufous-tailed Hummingbird
Rufous-tailed Jacamar
Rufous-winged Woodpecker
Russet Antshrike
Sanderling
Scale-crested Pygmy Tyrant
Scaly-breasted Hummingbird
Scarlet Macaw
Scarlet-rumped Cacique
Scarlet-rumped Tanager
Scissor-tailed Flycatcher
Semipalmated Plover
Shining Honeycreeper
Shiny Cowbird
Short-billed Dowitcher
Short-billed Pigeon
Short-tailed Hawk
Silver-throated Tanager
Slate-colored Grosbeak
Slaty Antwren
Slaty-capped Flycatcher
Slaty-tailed Trogon
Smoky-brown Woodpecker
Snowy Egret
Snowy-bellied Hummingbird
Social Flycatcher
Solitary Sandpiper
Southern House Wren
Southern Lapwing
Speckled Tanager
Spectacled Owl
Spot-bellied Bobwhite
Spot-crowned Euphonia
Spotted Antbird
Spotted Sandpiper
Spotted Woodcreeper
Squirrel Cuckoo
Stilt Sandpiper
Streak-chested Antpitta

Streak-crowned Antvireo

Streaked Saltator
Streak-headed Woodcreeper
Stripe-breasted Wren
Stripe-headed Sparrow
Stripe-throated Hermit
Sulphur-rumped Myiobius
Sulphur-winged Parakeet
Summer Tanager
Tawny-capped Euphonia
Tawny-faced Gnatwren
Tennessee Warbler
Thick-billed Seed Finch
Tody Motmot
Tricolored Heron
Trilling Gnatwren
Tropical Kingbird
Tropical Mockingbird
Tropical Parula
Turkey Vulture
Turquoise-browed Motmot
Variable Seedeater
Vaux's Swift
Velvety Manakin
Violet-headed Hummingbird
Wedge-billed Woodcreeper
Western Cattle Egret
Western Kingbird
White Hawk
White-breasted Wood Wren
White-browed Gnatcatcher
White-collared Manakin
White-collared Swift

White-crested Coquette

White-crowned Parrot
White-fronted Amazon
White-necked Jacobin
White-ringed Flycatcher
White-ruffed Manakin
White-shouldered Tanager

White-throated Shrike-Tanager

White-throated Thrush
White-tipped Dove
White-whiskered Puffbird
White-winged Dove
Willet
Wilson's Plover

Wood Stork
 Wood Thrush
 Yellow-bellied Elaenia
 Yellow-bellied Flycatcher
 Yellow-crowned Euphonia
 Yellow-crowned Night Heron
 Yellow-faced Grassquit
 Yellow-headed Caracara
 Yellow-throated Toucan
 Yellow-winged Flatbill

LIST OF MAMMALS ETC

Hoffmann's Two-toed Sloth	12/23/2024	09:00	Guapiles
Central American Spider Monkey	12/23/2024	11:40	En route
Neotropical Otter	12/24/2024	06:09	Tortuguero Village
Mantled Howler	12/24/2024	06:18	Tortuguero Village
Green Iguana	12/24/2024	07:18	Tortuguero--Pahchira Lodge
Proboscis Bat	12/24/2024	07:24	Tortuguero--Pahchira Lodge
Variegated Squirrel	12/24/2024	11:07	Tortuguero Village
Hoffmann's Two-toed Sloth	12/24/2024	11:12	Tortuguero Village
Mantled Howler	12/24/2024	14:26	Caribbean Paradise Eco-Lodge, Tortuguero
Green Iguana	12/24/2024	14:26	Caribbean Paradise Eco-Lodge, Tortuguero
Mantled Howler	12/24/2024	14:48	Caribbean Paradise Eco-Lodge, Tortuguero
Central American Spider Monkey	12/24/2024	15:24	Caribbean Paradise Eco-Lodge, Tortuguero
Green Iguana	12/24/2024	15:44	Tortuguero--Pahchira Lodge
Green Iguana	12/25/2024	08:58	Tortuguero
Hoffmann's Two-toed Sloth	12/25/2024	10:51	En route
Collared Peccary	12/25/2024	16:14	Pocosol--Sendero principal
Central American Spider Monkey	12/26/2024	06:28	Pocosol--Sendero principal
Central American Spider Monkey	12/26/2024	13:03	Pocosol--Sendero principal
Northern Raccoon	12/27/2024	09:54	San Luis
Panamanian White-faced Capuchin	12/27/2024	12:47	Tarcoles Birding Lodge
Green Iguana	12/27/2024	16:52	Tarcoles Birding Lodge
House Gecko	12/27/2024	18:11	Tarcoles Birding Lodge
White-nosed Coati	12/28/2024	00:14	Tarcoles Birding Lodge
Mantled Howler	12/28/2024	06:45	Tarcoles Birding Lodge
Panamanian White-faced Capuchin	12/28/2024	06:45	Tarcoles Birding Lodge
Greater Sac-winged Bat	12/28/2024	08:07	Carara NP--Xing Quebrada Bonita Creek/Q. B. Trail
Mantled Howler	12/28/2024	08:07	Carara NP--Xing Quebrada Bonita Creek/Q. B. Trail
Brown Basilisk	12/28/2024	08:14	Carara NP--Xing Quebrada Bonita Creek/Q. B. Trail
Central American Agouti	12/28/2024	08:32	Carara NP--Xing Quebrada Bonita Creek/Q. B. Trail
Central American Spider Monkey	12/28/2024	10:31	Carara NP--Xing Quebrada Bonita Creek/Q. B. Trail
Common Tent-making Bat	12/28/2024	11:01	Carara NP--Sendero Universal
Black Iguana	12/28/2024	11:29	Carara NP--Parking
Common Basilisk	12/28/2024	14:57	Tarcoles River

American Crocodile	12/28/2024	15:07	Tarcoles River
House Gecko	12/28/2024	18:23	Tarcoles Birding Lodge
White-nosed Coati	12/29/2024	07:49	Tarcoles Birding Lodge
Variegated Squirrel	12/29/2024	15:02	Vila Tica
Variegated Squirrel	12/30/2024	07:03	Vila Tica
Variegated Squirrel	12/30/2024	12:21	Aracari Birding Deck
Central American Agouti	12/30/2024	12:54	Aracari Birding Deck
Central American Agouti	12/31/2024	09:03	Vila Tica
Green Iguana	01/01/2025	11:07	Rio Corobici
Mantled Howler	01/01/2025	14:29	Oski Lodge
Mantled Howler	01/02/2025	11:05	Oski Lodge
Central American Agouti	01/03/2025	07:06	Oski Lodge
White-nosed Coati	01/04/2025	11:28	San Luis
Northern Raccoon	01/04/2025	11:28	San Luis
Variegated Squirrel	01/05/2025	09:35	Cope
Honduran White Bat	01/05/2025	10:24	Flores--La Unión de Guápiles (Cope), W of Guápiles
Common Tent-making Bat	01/05/2025	11:06	Flores--La Unión de Guápiles (Cope), W of Guápiles
Smooth Helmeted Iguana	01/05/2025	11:42	Cope
Common Basilisk	01/05/2025	11:42	Cope