

# Costa Rica Jan 17-Feb 3, 2014

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This report covers a 17 day birding trip my wife Susan and I took to Costa Rica. I've made a number of previous trips to Costa Rica. But due to some newer resources like ebird.org to find recent sightings, Barrett Lawson's "A Bird-finding Guide to Costa Rica," Pat O'Donnell's excellent blog on birding in Costa Rica, (<http://birdingcraft.com/wordpress/>) and of course xeno-canto for recordings, it seemed another trip for specific target birds was warranted. Lawson's book is particularly useful for directions, and Pat provided a number of itinerary and birding suggestions.

The itinerary was a little convoluted as I really wanted to try Cerro Lodge near Carara NP, but the days I wanted were booked (two months ahead) This meant we had to drive around San Jose three times instead of just once. (I am, however, getting better at driving around San Jose.) Because the trip involved a number of "bird hotels" I attached a short summary of these at the end. I got twenty new birds, including a couple like the Umbrellabird I never expected. And I missed some birds I was sure I'd see, like Nicaraguan Grackle in Cano Negro. All in all a very enjoyable trip.

**Car:** We rented a small Daihatsu Bego 4x4 through 4x4rentacar.com for 17 days for \$700 all in. The car was actually provided by Budget, but 4x4rentacar gets you a lower rate, probably because you are required to make a deposit. Most of the places we went four wheel drive was unnecessary, but the higher clearance was nice.

**Weather:** Mostly good, with some rain on five or six days, although we had some inopportune rains like during our Cano Negro boat tour, and right after arriving at Talari. Weather on Cerro de la Muerte was fabulous for three straight days – how often does that happen?.

**Roads:** Quepos-Dominical is now paved. What a difference! Watch out (at least in January) about the highway from San Jose to Orotina being one-way uphill on Sunday afternoon for returning beach traffic. We lost 2 ½ hours taking an alternate winding detour. If you can, buy a road map at home, the ones the car rental companies provide are useless.

## Day by day (ticks in bold)

Jan 17 Picked up car and drove in fog to Rancho Naturalista, with lunch at the world's slowest McDonald's in Cartago. **Green-breasted Mango** at the balcony hummer feeders, along with other hummers.

Jan 18 Hired resident guide Harry (really good) for the AM (\$60) to work on targets. **Tawny-chested Flycatcher** was found at dawn where they have an insect attracting place. Heard Dull-mantled Antbird below the hummingbird pools, but they stayed out of sight. We then did an unprofitable quick traverse of higher trails where Purplish-backed Quail-dove is most likely. After breakfast a more leisurely walk with plenty of tanagers and warblers. Just before lunch, Harry found a **Brown-billed Scythebill**. After lunch we birded on our own and coaxed out **Dull-mantled Antbirds** at the hummingbird pool spot with, I confess, less circumspect use of playback. Late afternoon drive to Grandpa's Hotel at the start of the road to Irazu.

Other nice birds: Black and Yellow Tanager, White-winged Tanager, Golden-winged and Kentucky Warbler, dozens of Scarlet-thighed Tanager, White-crowned and White-ruffed Manakin, Snowcap.

Jan 19 Volcan Irazu. Main target was Buffy-crowned Wood-partridge. We heard one group that we couldn't get near. Only tick was **Peg-billed Finch** which was on a road to the right immediately before the entrance station. We were here on a beautiful Sunday and the road was packed with bicyclists and cars, with a long wait to enter the park (we didn't).

PM long drive to Tarcoles area, because the Orotina-San Jose highway was one-way the wrong way. Hotel was Cerro Lodge for two nights.

Jan 20 Visited Carara river trail before breakfast. (No problem entering early) Best birds were Bi-colored Antbird, Royal Flycatcher, and Orange-collared Manakins lekking near the trail. After breakfast at the lodge, we spent the rest of the morning on the headquarters trails. (**Streak-chested Antpitta**, Black-faced Antthrush, Golden-crowned Spadebill, Great Tinamou.) No luck at night finding Tropical Screech-owl or Striped Owl, but we heard Ferruginous Pygmy-owl and Black-and-white Owl.

Jan 21 After breakfast we drove to the port of Caldera. Right after the exit to the port there is a bridge and a big restaurant on the far side of the bridge, with some mangroves behind, where Susan spotted a **Rufous-necked Wood-rail**. (this was a tip from Harry at Rancho) Birded some scrubby and riparian areas on the Guacimo Rd (part way back towards Orotina) in hopes of Stub-tailed Spadebill. Afternoon drive to San Isidro and Talari Lodge, where it started to rain upon our arrival.

Jan 22. Mainly birded the trails through secondary forest around the lodge looking for Costa Rican Brush-finch. (no luck). This place is good for Olivaceous Piculet, with at least 3 seen.

PM drove to Cerro de la Muerte (Spotted Wood-quail, Long-tailed Silky-flycatcher, Yellow-thighed and Large-footed Finches.) and hummers at La Georgina Restaurant (Fiery-throated) Then down to San Gerardo da Dota.

Jan 23 Before breakfast looked for Quetzals (none). Drove to Savegre Lodge and paid our \$5 p/p for trail access and drove up the track behind the hotel. On the way up, we studied a **Chiriqui Quail-dove** on the road. We walked about 1 K up the El Roble trail from the turnaround at the top of the road, and encountered a silent flock of 6 or 7 **Silvery-throated Jays** high in the canopy. Back at the car, a **Golden-browed Chlorophonia** and a number of warbler species. A Costa Rican Pygmy-owl called but ignored our tape. Then a walk on the Sendero la Quebrada quickly provided a **Streak-throated Treerunner**. No Wrenthrush or Tapaculo heard along the stream.

In the afternoon we drove up to Cerro de la Muerte and finally taped out a **Timberline Wren** at the start of the Providencia Rd. No luck after dinner for owls, but five ticks in a day at a place I've been to before,.

Jan 24 This morning before breakfast a single female Quetzal at a viewpoint near the hotel. We spent the rest of the morning walking the road near Savegre Lodge hoping for Elegant Euphonia. Watched Sulfur-winged Parakeets plundering an apple orchard. Checked out and drove to La Georgina for lunch, stopping at the communications towers for Volcano Junco. Behind La Georgina we finally found a responsive **Wrenthrush** (orange cap seemed to glow in the gloom) but not the hoped for Costa Rican Pygmy-owl. Another try on Providencia Rd for the Tapaculo was unsuccessful, although we at least

heard a couple.

Then down to Paraiso de Quetzals at KM 71 for the night, where we signed up for a Quetzal tour the next morning. The guy at the front desk gave us tips for night birds: Dusky Nightjar near the upper restaurant (sitting on the railing!) and **Bare-shanked Screech-owl** a little way down a road to the river. Unspotted Saw-whet Owl is a slight possibility here, but was unspotted by us.

Jan 25 Before breakfast we had our quetzal tour, driving to a spot about 10K down the highway toward San Jose, and into an unremarkable looking farm for good view of a feeding male. (There were apparently no dependable quetzals nearer the hotel.) We spent the rest of the morning on the Zeledonia trail looking for the tapaculo (never heard one), and didn't pay much attention to other birds. The feeders here are good for Fiery-throated HB.

Afternoon long drive to Heliconias Lodge, between Volcanoes Tenorio and Miravalles. .

Jan 26 Spent most of the day on the main trail, which includes three suspension bridges over ravines, giving an almost-canopy perspective. While admiring a Lattice-tailed Trogon, a largish black bird flew past and landed. It flushed a couple times but didn't go far, and eventually we had a good view of the goofy profile of a male **Bare-necked Umbrellabird**. Not ten minutes later, on the middle suspension bridge, we had a leisurely study of a **Keel-billed Mot-mot**. Other birds included Great Curassow, Blue-black Grosbeak, and heard-only Tody Mot-mot.

Jan 27. Too rainy for much birding. Drove to Arenal Observatory Lodge, birding along the way. Great Curassows wandered the grounds in late afternoon.

Jan 28 Tried for Thicket Antpitta near the junction of the road to the lodge and the road going around the south side of the lake. This bird is diabolical. Easy to hear, and we were convinced the bird was calling within two meters of us, yet we never saw so much as a blade of grass move.

After breakfast a pleasant morning on the lodge trails, We went to Arenal Hanging Bridges in the afternoon, (\$24/pp) which you enter just past the Arenal Dam. Lots of good birds have been reported here (e.g. Northern Schiffornis), and there were records of Rufous-winged Tanager on e-bird from just two days prior. However, we had a very slow afternoon, but the bridges are nice.

Jan 29. Another pre-breakfast bout with the antpitta. This morning we tried the entrance road to a Sky-Trek / Sky-Tram place which is about 1k past the turn-off to Arenal Observatory Lodge, and after finally getting a couple glimpses and a fly-by, declared victory over the **Thicket Antpitta**.. This was a birdy road, with Crested Guan, and a marvelous, long Nightingale Wren solo.

In the afternoon drove to Los Chiles, and visited the wetland called Medio Queso on ebird, or Los Robles by the locals, a few K east of town on the road immediately before the airfield (the airfield is actually easy to miss – its adjacent to the police station). In mid-afternoon we had three **Pinnated Bitterns** out in the open, plus Red-breasted Blackbird, Southern Lapwing. Then on to the pleasant Hotel de Campo in Cano Negro.

Jan 30 We did a boat trip through the hotel, which was a complete bust. We saw no sign of Nicaraguan Grackle, no Jabiru, no crakes, no bitterns, in fact nothing (except a few Kingfishers) that we couldn't have seen in South Florida. Maybe the problem was the rain, or maybe just bad luck.

In the afternoon drove to Catarata de Toros, where we had our target **Black-bellied Hummingbird** almost immediately. (These were easily the best hummingbird feeders of the trip, with around 10 species including Green Thorn-tail and Coppery-headed Emerald.) We stayed overnight here (they have I think just one room), and were excited when the owner told us that Black-breasted Wood-quail often come at dusk or dawn for the leftover rice she puts out, but no luck. (I think you'd have to stay overnight here as we did to have a chance of seeing them.)

Jan 31 A pair of amazingly tame Prong-billed Barbets hung around the restaurant in the morning. After breakfast we drove up to Bajos del Toro, where there is a rough road providing access to a little bit of Juan Castro Blanca National Park. We didn't have much time and it started to rain, but this area looks promising. Afternoon drive to Laguna de Lagarto. Big river shrimp for dinner at a little place in Boca Tapada (the town near the lodge)

Feb 1 All day around Laguna de Lagarto. The specialty here is **Great Green Macaw**, and a flock of six was near the lodge most of the day. (Also Scarlet Macaws) We didn't see much on the trails, but the feeders are pretty active, with Chestnut-colored Woodpecker, 3 species of Toucans, Brown-hooded and White-crowned Parrots, and lots of tanagers. A Short-tailed Nighthawk hunted near the balcony at dusk; I was sure it was a bat at first. Sometimes an Agami Heron is present on the lagoon, I don't know if it was around on this visit.

Feb 2 Nothing much except feeder birds this morning. Drove from Laguna Lagartos to near Guapiles, stopping en route at El Tigre fields (a few K past La Selva) I've stopped here before to scan for Pinnated Bittern and Nicaraguan Seed-finch, without success. This time I stopped at the gate in the middle (it looks padlocked but is not) and asked permission at the house next to the gate to enter the fields. At the far end of the dirt road bisecting the field we found a single singing **Nicaraguan Seed-finch**. I don't know if the bittern is still seen here.

Feb 3. A couple hours birding at Quebrada Gonzales (no trouble entering early). Nothing much except large numbers of Tawny-crested Tanagers, then off to the airport.

**Hotels.** Except where noted, these are all around \$80 for 2 with breakfast.

Rancho Naturalista. Muy costoso at \$340/night for 2 with all meals, plus \$60 for morning with guide. (Guide fee split among birders, which was just the 2 of us.) Breakfast and lunch good, dinner average. Wi-fi in main building. There certainly are plenty of birds here, including some that are quite difficult elsewhere, and the lodge is a little nicer than many of the others, but I think you are paying about \$150 extra for the birds.

Grandpa's Hotel. <http://www.grandpashotel.com/> At the start of the road to P.N. Irazu. (Its still 30-40 minutes to the park). Breakfast starting at 6:00AM, which we skipped.

Cerro Lodge. <http://www.hotelcerrolodge.com/> Pleasant, nice feeders. Not much birding on the grounds. We only had breakfast (available early). Meals are buffet style. About 15 minutes to Carara. Although some have complained in the past of no AC, our room had working AC (which was needed).

Talari Mountain Lodge near San Isidro. <http://www.talari.co.cr/> Pretty grounds, including, for some reason, a world class tennis court. Average food, rather expensive for dinner, but there's a little restaurant near the entrance. I think they should add some hummingbird feeders. This is close to Alexander Skutch's home Los Cusingos, which we did not visit.

Cabinas Los Lagos. Probably the cheapest place to stay in San Gerardo da Dota, at \$40/night for 2 for a basic room, about midway between Trogon Lodge and Savegre Lodge. We had a couple excellent trout dinners here, the people were very friendly. As you can access the Savegre Hotel's trails for only \$5 pp, staying here makes sense. I couldn't find a way to contact them ahead of time.

Paraiso de Quetzals, KM 71 on Pan American Hiway.. We took a one night deal for \$130 with dinner, breakfast, and a Quetzal tour. Good for night birds.

Las Heliconias. Many great birds have been reported from this area, and we had probably our two best birds of the trip here. Seems to be currently under rather indifferent management. Their website was infected with a virus for months, WIFI never worked while we were there, poorer than average food, and they charge hotel guests to use the trail. (\$10/day) But the trail is good. Unlike every other bird lodge in the world, this place does not believe in feeding birds, so there is not much to see on the immediate lodge grounds. Given the number of people visiting Costa Rica for photography, I think they are leaving money on the table. Nice view of Lago Nicaragua when its clear.

Arenal Observatory Lodge \$130/night w breakfast. Food above average with good variety but a little pricier than other places. A beautiful place. From our "standard room" balcony we could see both the volcano and the lake. (Unfortunately, no red lava oozing out of the crater at night currently) Good fruit feeders, but they are dominated by Oropendulas until the fruit is mostly gone. No hummer feeders but lots of Verbena. (Violet-headed HB common, one female Black-crested Coquette) Miles of trails, although we really didn't record much of interest from the trails.

Hotel de Campo, Cano Negro. Pleasant, food was good. The boat trip was a bust – I don't know if other boat trips have a slightly different route or we just hit an off morning.

Catarata de Toro. <http://www.catarata-del-toro.com/> This place is mainly a restaurant, with excellent hummingbird feeders and a great view of the waterfall in the back. I think there is just one room here, a large room over the restaurant, which was very comfortable. The restaurant is closed in the evening but the owner offered to cook us dinner. Instead, we drove 5K up the road and ate at a bar in Bajos del Toro. Several very well maintained trails here. I'd stay here again just for another shot at the Black-breasted Wood-quail.

Laguna de Lagarto, Boca Tapada (near Ecuador border). [www.lagarto-lodge-costa-rica.com/](http://www.lagarto-lodge-costa-rica.com/) The best place for **Great-green Macaw**. (Although they weren't around when I visited September 2008) We had a flock of 6 hanging out near the lodge for most of the day. The restaurant overlooks the feeders, which have been made to look very natural, for better photos. This place very much caters to photographers (including a reserved area on the balcony for a visiting photo club.) There are a number of trails, which were all quite muddy (they provide boots) but we never saw much on the trails.

Hotel near Guapiles, on the San Jose – Limon highway I don't know what this place is called, but its a couple K before Guapiles on the left. (north), and is handy for birding Quebrada Gonzales. Its set back from the road enough to avoid the highway noise, and was only \$20 for two, with working wi-fi and the Superbowl on TV. You can get a pre-dawn breakfast around the big intersection with the road to Puerto Viejo de Sarapiquí.





Great Tinamou	<i>Tinamus major</i>	Carara HQ trail
Black-bellied Whistling-Duck	<i>Dendrocygna autumnalis</i>	Las Robles or medeo queso w etland nr Los Chiles
Muscovy Duck	<i>Cairina moschata</i>	
Blue-winged Teal	<i>Anas discors</i>	Cano Negro town and boat ride
Gray-headed Chachalaca	<i>Ortalis cinereiceps</i>	Rancho Naturalista
Crested Guan	<i>Penelope purpurascens</i>	SkyTram, Laguna Lagarto
Great Curassow	<i>Crax rubra</i>	Heliconias, Arenal
Spotted Wood-Quail	<i>Odontophorus guttatus</i>	Cerro de la Muerte road to Villa Mills
Wood Stork	<i>Mycteria americana</i>	Las Robles or medeo queso w etland nr Los Chiles
Magnificent Frigatebird	<i>Fregata magnificens</i>	
Neotropic Cormorant	<i>Phalacrocorax brasilianus</i>	
Anhinga	<i>Anhinga anhinga</i>	
Brown Pelican	<i>Pelecanus occidentalis</i>	
Pinnated Bittern	<i>Botaurus pinnatus</i>	3, Las Robles or medeo queso w etlands nr Los Chiles
Bare-throated Tiger-Heron	<i>Tigrisoma mexicanum</i>	Laguna Lagartos
Great Blue Heron	<i>Ardea herodias</i>	
Great Egret	<i>Ardea alba</i>	
Snowy Egret	<i>Egretta thula</i>	
Little Blue Heron	<i>Egretta caerulea</i>	
Tricolored Heron	<i>Egretta tricolor</i>	
Cattle Egret	<i>Bubulcus ibis</i>	
Green Heron	<i>Butorides virescens</i>	
Black-crowned Night-Heron	<i>Nycticorax nycticorax</i>	
White Ibis	<i>Eudocimus albus</i>	
Glossy Ibis	<i>Plegadis falcinellus</i>	Cano Negro town and boat ride
Roseate Spoonbill	<i>Platalea ajaja</i>	Las Robles or medeo queso w etland nr Los Chiles
Black Vulture	<i>Coragyps atratus</i>	
Turkey Vulture	<i>Cathartes aura</i>	
Osprey	<i>Pandion haliaetus</i>	Bijagua
White-tailed Kite	<i>Elanus leucurus</i>	Cano Negro
Swallow-tailed Kite	<i>Elanoides forficatus</i>	Arenal Hanging Bridges w arm sunny PM
Common Black-Hawk	<i>Buteogallus anthracinus</i>	Carara
Roadside Hawk	<i>Rupornis magnirostris</i>	Cano Negro
Short-tailed Hawk	<i>Buteo brachyurus</i>	dark phase, below Baja de Toros
Zone-tailed Hawk	<i>Buteo albonotatus</i>	Arenal Hanging Bridges w arm sunny PM
Red-tailed Hawk	<i>Buteo jamaicensis</i>	San Gerardo da Dota, main rd nr Savegre Mt L
Rufous-necked Wood-Rail	<i>Aramides axillaris</i>	mangroves behind restaurant past bridge, Caldera
Gray-necked Wood-Rail	<i>Aramides cajaneus</i>	Talari Mountain Lodge
Purple Gallinule	<i>Porphyrio martinicus</i>	Las Robles or medeo queso w etland nr Los Chiles
Limpkin	<i>Aramus guarauna</i>	Cano Negro late afternoon
Southern Lapwing	<i>Vanellus chilensis</i>	Las Robles or medeo queso w etland nr Los Chiles
Black-necked Stilt	<i>Himantopus mexicanus</i>	Cano Negro town and boat ride
Northern Jacana	<i>Jacana spinosa</i>	Las Robles or medeo queso w etland nr Los Chiles
Spotted Sandpiper	<i>Actitis macularius</i>	Cano Negro late afternoon
Laughing Gull	<i>Leucophaeus atricilla</i>	Caldera port, mangroves
Pale-vented Pigeon	<i>Patagioenas cayennensis</i>	Cano Negro town and boat ride
Red-billed Pigeon	<i>Patagioenas flavirostris</i>	Rancho Naturalista
Ruddy Pigeon	<i>Patagioenas subvinacea</i>	San Gerardo, Savegre L, trails above lodge
Short-billed Pigeon	<i>Patagioenas nigrirostris</i>	Cano Negro town and boat ride
White-winged Dove	<i>Zenaida asiatica</i>	
Inca Dove	<i>Columbina inca</i>	
Common Ground-Dove	<i>Columbina passerina</i>	
Plain-breasted Ground-Dove	<i>Columbina minuta</i>	Cano Negro town and boat ride
Ruddy Ground-Dove	<i>Columbina talpacoti</i>	
White-tipped Dove	<i>Leptotila verreauxi</i>	

Gray-chested Dove	<i>Leptotila cassini</i>	Rancho Naturalista
Chiriqui Quail-Dove	<i>Geotrygon chiriquensis</i>	dirt track above Savegre L, San Gerardo
Squirrel Cuckoo	<i>Piaya cayana</i>	
Smooth-billed Ani	<i>Crotophaga ani</i>	
Groove-billed Ani	<i>Crotophaga sulcirostris</i>	
Bare-shanked Screech-Owl	<i>Megascops clarkii</i>	Paraiso de Quetzal Lodge at KM 71, road to river
Spectacled Owl	<i>Pulsatrix perspicillata</i>	HO Arenal Obs Lodge grounds
Costa Rican Pygmy-Owl	<i>Glaucidium costaricanum</i>	HO Savegre Lodge Las Robles trail
Ferruginous Pygmy-Owl	<i>Glaucidium brasilianum</i>	HO Carara
Mottled Owl	<i>Ciccaba virgata</i>	HO Rancho Naturalista
Short-tailed Nighthawk	<i>Lurocalis semitorquatus</i>	Laguna Lagartos
Common Pauraque	<i>Nyctidromus albicollis</i>	Tarcoles owling
Dusky Nightjar	<i>Antrostomus saturatus</i>	Paraiso de Quetzal Lodge on restaurant railing
White-collared Swift	<i>Streptoprocne zonaris</i>	San Gerardo, Savegre L, trails above lodge
White-necked Jacobin	<i>Florisuga mellivora</i>	Rancho Naturalista
Green Hermit	<i>Phaethornis guy</i>	Rancho Naturalista
Long-billed Hermit	<i>Phaethornis longirostris</i>	Cataratas de Toro Restaurant
Stripe-throated Hermit	<i>Phaethornis strigularis</i>	Arenal Obs Lodge grounds
Green Violetear	<i>Colibri thalassinus</i>	Cerro de la Muerte, La Georgina
Purple-crowned Fairy	<i>Heliodytes barroti</i>	Quebrada Gonzales, Braulio Carrillo NP
Green-breasted Mango	<i>Anthracoceros prevostii</i>	Rancho Naturalista HB feeders
Green Thorntail	<i>Discosura conversii</i>	Rancho Naturalista
Black-crested Coquette	<i>Lophornis helenae</i>	Arenal Obs Lodge grounds one female
Green-crowned Brilliant	<i>Heliodoxa jacula</i>	Rancho Naturalista
Magnificent Hummingbird	<i>Eugenes fulgens</i>	Irazu outside the park entrance
Fiery-throated Hummingbird	<i>Panterpe insignis</i>	La Georgina, better at Paraiso de Quetzal
White-bellied Mountain-gem	<i>Lampornis hemileucus</i>	Cataratas de Toro Restaurant
Purple-throated Mountain-gem	<i>Lampornis calolaemus</i>	Cataratas de Toro Restaurant
White-throated Mountain-gem	<i>Lampornis castaneoventris</i>	Savegre Lodge HB feeders
Ruby-throated Hummingbird	<i>Archilochus colubris</i>	Cerro Lodge
Volcano Hummingbird	<i>Selasphorus flammula</i>	Irazu outside the park entrance
Scintillant Hummingbird	<i>Selasphorus scintilla</i>	Savegre Lodge HB feeders
Canivet's Emerald	<i>Chlorostilbon canivetii</i>	Cerro Lodge
Violet-headed Hummingbird	<i>Klais guimeti</i>	Arenal Obs Lodge grounds; common
Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>	Guacimo Rd off Orotina-Caldera hwy ay
Violet Sabrewing	<i>Campylopterus hemileucurus</i>	Rancho Naturalista
Violet-crowned Woodnymph	<i>Thalurania colombica</i>	Rancho Naturalista 5PM at lodge
Stripe-tailed Hummingbird	<i>Eupherusa eximia</i>	Cerro de la Muerte
Black-bellied Hummingbird	<i>Eupherusa nigriventris</i>	Cataratas de Toro Restaurant; common
Coppery-headed Emerald	<i>Elvira cupreiceps</i>	Cataratas de Toro Restaurant
Snowcap	<i>Microchera albocoronata</i>	Rancho Naturalista
Steely-vented Hummingbird	<i>Amazilia saucerrottei</i>	Cerro Lodge
Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>	
Cinnamon Hummingbird	<i>Amazilia rutila</i>	Cerro Lodge
Resplendent Quetzal	<i>Pharomachrus mocinno</i>	One female San Gerardo, male at farm around KM 61
Lattice-tailed Trogon	<i>Trogon clathratus</i>	Bridges trail, Heliconius Lodge
Gartered Trogon	<i>Trogon caligatus</i>	Rancho Naturalista
Black-throated Trogon	<i>Trogon rufus</i>	Bridges trail, Heliconius Lodge
Collared Trogon	<i>Trogon collaris</i>	San Gerardo, Savegre L, trails above lodge
Tody Motmot	<i>Hylomanes momotula</i>	HO, Bridges trail, Heliconius Lodge
Blue-crowned Motmot	<i>Momotus coeruliceps</i>	Talari Mountain Lodge
Rufous Motmot	<i>Baryphthengus martii</i>	Rancho Naturalista



Ringed Kingfisher	<i>Megaceryle torquata</i>	Las Robles or medeo queso w etland nr Los Chiles
Belted Kingfisher	<i>Megaceryle alcyon</i>	Cano Negro tow n and boat ride
Amazon Kingfisher	<i>Chloroceryle amazona</i>	Las Robles or medeo queso w etland nr Los Chiles
Green Kingfisher	<i>Chloroceryle americana</i>	Cano Negro tow n and boat ride
American Pygmy Kingfisher	<i>Chloroceryle aenea</i>	Cano Negro tow n and boat ride
White-w hiskered Puffbird	<i>Malacoptila panamensis</i>	Carara HQ trail
Prong-billed Barbet	<i>Semnornis frantzii</i>	Cataratas de Toro Restaurant; tame pair
Collared Aracari	<i>Pteroglossus torquatus</i>	Rancho Naturalista
Black-mandibled Toucan	<i>Ramphastos ambiguus</i>	Carara, Heliconias, etc
Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	Heliconias, Laguna de Lagartos
Olivaceous Piculet	<i>Picumnus olivaceus</i>	Talari Mountain Lodge
Acorn Woodpecker	<i>Melanerpes formicivorus</i>	San Gerardo, Savegre L, trails above lodge
Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>	Rancho Naturalista
Red-crow ned Woodpecker	<i>Melanerpes rubricapillus</i>	Talari Mountain Lodge
Hoffmann's Woodpecker	<i>Melanerpes hoffmannii</i>	Carara
Hairy Woodpecker	<i>Picoides villosus</i>	Paraiso de Quetzals at KM 71
Rufous-w inged Woodpecker	<i>Piculus simplex</i>	Heliconias nr lodge
Chestnut-colored Woodpecker	<i>Celeus castaneus</i>	Feeder birds at Laguna Lagarto
Lineated Woodpecker	<i>Dryocopus lineatus</i>	Feeder birds at Laguna Lagarto
Pale-billed Woodpecker	<i>Campephilus guatemalensis</i>	Rancho Naturalista
Yellow -headed Caracara	<i>Milvago chimachima</i>	Carara
Laughing Falcon	<i>Herpetotheres cachinnans</i>	Laguna Lagartos
Sulphur-w inged Parakeet	<i>Pyrrhura hoffmanni</i>	San Gerardo da Dota, eating apples
Olive-throated Parakeet	<i>Aratinga nana</i>	Cano Negro late afternoon
Great Green Macaw	<i>Ara ambiguus</i>	Laguna Lagartos; 6-7 around ladge most of day
Scarlet Macaw	<i>Ara macao</i>	Carara
Barred Parakeet	<i>Bolborhynchus lineola</i>	Providencia Rd around KM 76 of Interamerican HW
Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	en route Carara-Dominical
Brow n-hooded Parrot	<i>Pyrrilia haematotis</i>	Feeder birds at Laguna Lagarto
White-crow ned Parrot	<i>Pionus senilis</i>	SkyTram driveway ay 1K past Arenal Obs L Rd, Lagartos
Red-lored Parrot	<i>Amazona autumnalis</i>	Carara
Mealy Parrot	<i>Amazona farinosa</i>	Laguna Lagartos
Great Antshrike	<i>Taraba major</i>	SkyTram driveway ay 1K past Arenal Obs L Rd 6:30-8AM
Barred Antshrike	<i>Thamnophilus doliatus</i>	Guacimo Rd off Orotina-Caldera hiw ay
Black-hooded Antshrike	<i>Thamnophilus bridgesi</i>	Carara
Plain Antvireo	<i>Dysithamnus mentalis</i>	Rancho Naturalista
Dot-w inged Antw ren	<i>Microrhopias quixensis</i>	Rancho Naturalista
Dusky Antbird	<i>Cercomacra tyrannina</i>	Rancho Naturalista
Chestnut-backed Antbird	<i>Myrmeciza exsul</i>	Carara
Dull-mantled Antbird	<i>Myrmeciza laemosticta</i>	Rancho Naturalista; 2 taped out nr Hummingbird Pools
Immaculate Antbird	<i>Myrmeciza immaculata</i>	Rancho Naturalista
Bicolored Antbird	<i>Gymnopithys leucaspis</i>	Carara River Trail, antsw arm just starting out
Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>	Carara HQ trail
Thicket Antpitta	<i>Hylopezus dives</i>	SkyTram driveway ay 1K past Arenal Obs L after long tape duel
Silvery-fronted Tapaculo	<i>Scytalopus argentifrons</i>	HO Providencia Rd Cerro de la Muerte
Black-faced Antthrush	<i>Formicarius analis</i>	Carara HQ trails
Olivaceous Woodcreeper	<i>Sittasomus griseicapillus</i>	Rancho Naturalista
Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>	Carara
Northern Barred-Woodcreeper	<i>Dendrocolaptes sanctithomae</i>	Carara
Brow n-billed Scythebill	<i>Campylorhamphus pusillus</i>	Rancho Naturalista; poor view
Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>	Rancho Naturalista
Spot-crow ned Woodcreeper	<i>Lepidocolaptes affinis</i>	Rancho Naturalista
Plain Xenops	<i>Xenops minutus</i>	Rancho Naturalista
Buff-throated Foliage-gleaner	<i>Automolus ochrolaemus</i>	Rancho Naturalista
Streak-breasted Treehunter	<i>Thripadectes rufobrunneus</i>	San Gerardo, Savegre L, Quebrada Trail

Ruddy Treerunner	Margarornis rubiginosus	San Gerardo, Savegre L, Quebrada Trail
Red-faced Spinetail	Cranioleuca erythroptus	short time at entrance to Juan Castro NP from Bajos de Toro
Yellow Tyrannulet	Capsiempis flaveola	SkyTram driveway 1K past Arenal Obs L Rd 6:30-8AM
Greenish Elaenia	Myiopagis viridicata	Rancho Naturalista
Mountain Elaenia	Elaenia frantzii	San Gerardo, around Savegre L
Torrent Tyrannulet	Serpophaga cinerea	San Gerardo, opposite hotel
Paltry Tyrannulet	Zimmerius vilissimus	Rancho Naturalista
Scale-crested Pygmy-Tyrant	Lophotriccus pileatus	Arenal Obs Lodge grounds
Common Tody-Flycatcher	Todirostrum cinereum	Guacimo Rd off Orotina-Caldera hiway
Yellow-olive Flycatcher	Tolmomyias sulphurescens	Rancho Naturalista
White-throated Spadebill	Platyrinchus mystaceus	Rancho Naturalista
Golden-crowned Spadebill	Platyrinchus coronatus	Carara HQ trail
Royal Flycatcher	Onychorhynchus coronatus	Carara river trail
Tawny-chested Flycatcher	Aphanotriccus capitalis	Rancho Naturalista at moth attractor sheet
Yellow-bellied Flycatcher	Empidonax flaviventris	Rancho Naturalista
Yellowish Flycatcher	Empidonax flavescens	short time at entrance to Juan Castro NP from Bajos de Toro
Black Phoebe	Sayornis nigricans	
Long-tailed Tyrant	Colonia colonus	Laguna Lagartos
Rufous Mourner	Rhytipterna holerythra	Rancho Naturalista
Dusky-capped Flycatcher	Myiarchus tuberculifer	Rancho Naturalista
Brown-crested Flycatcher	Myiarchus tyrannulus	Guacimo Rd off Orotina-Caldera hiway
Great Kiskadee	Pitangus sulphuratus	
Boat-billed Flycatcher	Megarynchus pitangua	
Social Flycatcher	Myiozetetes similis	
Gray-capped Flycatcher	Myiozetetes granadensis	Guacimo Rd off Orotina-Caldera hiway
Piratic Flycatcher	Legatus leucophaeus	Carara
Tropical Kingbird	Tyrannus melancholicus	Carara
Scissor-tailed Flycatcher	Tyrannus forficatus	Guacimo Rd off Orotina-Caldera hiway
Fork-tailed Flycatcher	Tyrannus savana	Guacimo Rd off Orotina-Caldera hiway
Bare-necked Umbrellabird	Cephalopterus glabricollis	Bridges trail, Heliconius Lodge, one male
Rufous Piha	Lipaugus unirufus	Carara
White-ruffed Manakin	Corapipo altera	Rancho Naturalista
Blue-crowned Manakin	Lepidothrix coronata	trails above Villa Lapis, Tarcoles females only
Orange-collared Manakin	Manacus aurantiacus	Carara lek nr river trail
White-crowned Manakin	Pipra pipra	Rancho Naturalista
Black-crowned Tityra	Tityra inquisitor	Bridges trail, Heliconius Lodge
Masked Tityra	Tityra semifasciata	Rancho Naturalista
Cinnamon Becard	Pachyramphus cinnamomeus	SkyTram driveway 1K past Arenal Obs L Rd 6:30-8AM
White-winged Becard	Pachyramphus polychropterus	Guacimo Rd off Orotina-Caldera hiway
Yellow-winged Vireo	Vireo carmioli	Cerro de la Muerte
Brown-capped Vireo	Vireo leucophrys	San Gerardo, Savegre L, trails above lodge
Philadelphia Vireo	Vireo philadelphicus	San Gerardo da Dota, main rd nr Savegre Mt L
Yellow-green Vireo	Vireo flavoviridis	Guacimo Rd off Orotina-Caldera hiway
Lesser Greenlet	Hylophilus decurtatus	SkyTram driveway 1K past Arenal Obs L Rd 6:30-8AM
Silvery-throated Jay	Cyanolyca argentigula	Robles trail about 1K above end of road, Savegre L
White-throated Magpie-Jay	Calocitta formosa	Guacimo Rd off Orotina-Caldera hiway
Brown Jay	Psilorhinus morio	Rancho Naturalista
Blue-and-white Swallow	Pygochelidon cyanoleuca	
Northern Rough-winged Swallow	Stelgidopteryx serripennis	
Southern Rough-winged Swallow	Stelgidopteryx ruficollis	
Gray-breasted Martin	Progne chalybea	
Mangrove Swallow	Tachycineta albilinea	
Nightingale Wren	Microcerculus philomela	HO Heliconias, Sky Tram Rd
House Wren	Troglodytes aedon	Rancho Naturalista
Timberline Wren	Thryorchilus browni	Providencia Rd around KM 76 of Interamerican HW

Rufous-naped Wren	<i>Campylorhynchus rufinucha</i>	Carara
Spot-breasted Wren	<i>Pheugopedius maculipectus</i>	Cano Negro town and boat ride
Stripe-breasted Wren	<i>Cantorchilus thoracicus</i>	Bridges trail, Heliconius Lodge
Plain Wren	<i>Cantorchilus modestus</i>	Talari Mountain Lodge
Riverside Wren	<i>Cantorchilus semibadius</i>	Carara
Bay Wren	<i>Cantorchilus nigricapillus</i>	Arenal Hanging Bridges w arm sunny PM
White-breasted Wood-Wren	<i>Henicorhina leucosticta</i>	Rancho Naturalista
Gray-breasted Wood-Wren	<i>Henicorhina leucophrys</i>	Cataratas de Toro Restaurant
Song Wren	<i>Cyphorhinus phaeocephalus</i>	Arenal Obs Lodge grounds
Tropical Gnatcatcher	<i>Poliophtila plumbea</i>	Rancho Naturalista
Black-faced Solitaire	<i>Myadestes melanops</i>	HO San Gerardo, Savegre L, trails above lodge
Black-billed Nightingale-Thrush	<i>Catharus gracilirostris</i>	Irazu outside the park entrance
Orange-billed Nightingale-Thrush	<i>Catharus aurantirostris</i>	Talari Mountain Lodge
Slaty-backed Nightingale-Thrush	<i>Catharus fuscater</i>	Arenal Hanging Bridges w arm sunny PM
Ruddy-capped Nightingale-Thrush	<i>Catharus frantzii</i>	San Gerardo, Savegre L, trails above lodge
Swainson's Thrush	<i>Catharus ustulatus</i>	SkyTram driveway 1K past Arenal Obs L Rd 6:30-8AM
Wood Thrush	<i>Hylocichla mustelina</i>	Bridges trail, Heliconius Lodge
Sooty Thrush	<i>Turdus nigrescens</i>	Irazu outside the park entrance
Mountain Thrush	<i>Turdus plebejus</i>	Irazu outside the park entrance
Clay-colored Thrush	<i>Turdus grayi</i>	
Long-tailed Silky-flycatcher	<i>Ptilogonys caudatus</i>	Irazu outside the park entrance
Ovenbird	<i>Seiurus aurocapilla</i>	Laguna Lagartos
Louisiana Waterthrush	<i>Parkesia motacilla</i>	short time at entrance to Juan Castro NP from Bajos de Toro
Northern Waterthrush	<i>Parkesia noveboracensis</i>	Carara
Golden-winged Warbler	<i>Vermivora chrysoptera</i>	Rancho Naturalista
Black-and-white Warbler	<i>Mniotilta varia</i>	Rancho Naturalista
Prothonotary Warbler	<i>Protonotaria citrea</i>	Carara
Flame-throated Warbler	<i>Oreothlypis gutturalis</i>	Irazu outside the park entrance
Tennessee Warbler	<i>Oreothlypis peregrina</i>	Rancho Naturalista
Gray-crowned Yellowthroat	<i>Geothlypis poliocephala</i>	Las Robles or medeo queso wetland nr Los Chiles
Mourning Warbler	<i>Geothlypis philadelphia</i>	Rancho Naturalista
Kentucky Warbler	<i>Geothlypis formosa</i>	Rancho Naturalista
Olive-crowned Yellowthroat	<i>Geothlypis semiflava</i>	short time at entrance to Juan Castro NP from Bajos de Toro
Hooded Warbler	<i>Setophaga citrina</i>	Laguna Lagartos
Tropical Parula	<i>Setophaga pitiayumi</i>	short time at entrance to Juan Castro NP from Bajos de Toro
Blackburnian Warbler	<i>Setophaga fusca</i>	Rancho Naturalista
Yellow Warbler	<i>Setophaga petechia</i>	Carara
Chestnut-sided Warbler	<i>Setophaga pennsylvanica</i>	Rancho Naturalista
Black-throated Green Warbler	<i>Setophaga virens</i>	San Gerardo, Savegre L, trails above lodge
Rufous-capped Warbler	<i>Basileuterus rufifrons</i>	short visit to trails above Villa Lapis, Tarcoles
Black-cheeked Warbler	<i>Basileuterus melanogenys</i>	Irazu outside the park entrance
Golden-crowned Warbler	<i>Basileuterus culicivorus</i>	Rancho Naturalista
Buff-rumped Warbler	<i>Myiothlypis fulvicauda</i>	nr Villa Lapis, Arenal, etc
Wilson's Warbler	<i>Cardellina pusilla</i>	Rancho Naturalista
Slate-throated Redstart	<i>Myioborus miniatus</i>	short time at entrance to Juan Castro NP from Bajos de Toro
Collared Redstart	<i>Myioborus torquatus</i>	San Gerardo, Savegre L, trails above lodge
Wrenthrush	<i>Zeledonia coronata</i>	steep trail behind La Georgina Rest.
Gray-headed Tanager	<i>Eucometis penicillata</i>	Carara
White-shouldered Tanager	<i>Tachyphonus luctuosus</i>	Carara
Tawny-crested Tanager	<i>Tachyphonus delatrii</i>	Quebrada Gonzales, Braulio Carrillo NP
White-lined Tanager	<i>Tachyphonus rufus</i>	Rancho Naturalista
Passerini's Tanager	<i>Ramphocelus passerinii</i>	Rancho Naturalista
Cherrie's Tanager	<i>Ramphocelus costaricensis</i>	en route Carara-Dominical
Blue-gray Tanager	<i>Thraupis episcopus</i>	Rancho Naturalista
Palm Tanager	<i>Thraupis palmarum</i>	Carara

Golden-hooded Tanager	<i>Tangara larvata</i>	Rancho Naturalista
Speckled Tanager	<i>Tangara guttata</i>	Rancho Naturalista
Bay-headed Tanager	<i>Tangara gyrola</i>	Rancho Naturalista
Silver-throated Tanager	<i>Tangara icterocephala</i>	Rancho Naturalista
Scarlet-thighed Dacnis	<i>Dacnis venusta</i>	Rancho Naturalista
Blue Dacnis	<i>Dacnis cayana</i>	Talari Mt Lodge late PM in rain
Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>	Talari Mt Lodge late PM in rain
Green Honeycreeper	<i>Chlorophanes spiza</i>	Rancho Naturalista
Black-and-yellow Tanager	<i>Chrysothlypis chrysomelas</i>	Rancho Naturalista
Slaty Flycatcher	<i>Diglossa plumbea</i>	Irazu outside the park entrance
Peg-billed Finch	<i>Acanthidops bairdi</i>	Irazu outside the park entrance
Blue-black Grassquit	<i>Volatinia jacarina</i>	en route Carara-Dominical
Variable Seedeater	<i>Sporophila corvina</i>	Talari Mountain Lodge
White-collared Seedeater	<i>Sporophila torqueola</i>	Las Robles or medeo queso wetland nr Los Chiles
Nicaraguan Seed-Finch	<i>Oryzoborus nuttingi</i>	el Tigre marsh walking to back of marsh along middle trail
Thick-billed Seed-Finch	<i>Oryzoborus funereus</i>	Bridges trail, Heliconius Lodge
Bananaquit	<i>Coereba flaveola</i>	Talari Mt Lodge late PM in rain
Yellow-faced Grassquit	<i>Tiaris olivaceus</i>	San Gerardo da Dota, main rd nr Savegre Mt L
Buff-throated Saltator	<i>Saltator maximus</i>	Rancho Naturalista
Black-headed Saltator	<i>Saltator atriceps</i>	Arenal Obs Lodge grounds
Yellow-thighed Finch	<i>Pselliophorus tibialis</i>	Cerro de la Muerte
Large-footed Finch	<i>Pezopetes capitalis</i>	Cerro de la Muerte
Sooty-faced Finch	<i>Arremon crassirostris</i>	Cataratas de Toro Restaurant
Chestnut-capped Brush-Finch	<i>Arremon brunneinucha</i>	Cataratas de Toro Restaurant
Orange-billed Sparrow	<i>Arremon aurantirostris</i>	Carara
Black-striped Sparrow	<i>Arremonops conirostris</i>	Arenal Hanging Bridges w arm sunny PM
Stripe-headed Sparrow	<i>Peucaea ruficauda</i>	Carara
Rufous-collared Sparrow	<i>Zonotrichia capensis</i>	Rancho Naturalista
Volcano Junco	<i>Junco vulcani</i>	Cerro de la Muerte, communications towers
Common Bush-Tanager	<i>Chlorospingus ophthalmicus</i>	Irazu outside the park entrance
Sooty-capped Bush-Tanager	<i>Chlorospingus pileatus</i>	Irazu outside the park entrance
Summer Tanager	<i>Piranga rubra</i>	Carara
Flame-colored Tanager	<i>Piranga bidentata</i>	Providencia Rd, San Gerardo
White-winged Tanager	<i>Piranga leucoptera</i>	Rancho Naturalista
Red-crowned Ant-Tanager	<i>Habia rubica</i>	Carara
Red-throated Ant-Tanager	<i>Habia fuscicauda</i>	Rancho Naturalista
Carmioli's Tanager	<i>Chlorothraupis carmioli</i>	Arenal Obs Lodge grounds; flock of 20
Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>	Talari Mountain Lodge
Blue-black Grosbeak	<i>Cyanocompsa cyanoides</i>	Bridges trail, Heliconius Lodge
Red-winged Blackbird	<i>Agelaius phoeniceus</i>	
Red-breasted Blackbird	<i>Sturnella militaris</i>	Las Robles or medeo queso wetland nr Los Chiles
Melodious Blackbird	<i>Dives dives</i>	Peninsul Rd near Arenal Dam
Great-tailed Grackle	<i>Quiscalus mexicanus</i>	
Bronzed Cowbird	<i>Molothrus aeneus</i>	Laguna Lagartos
Giant Cowbird	<i>Molothrus oryzivorus</i>	el Tigre marsh walking to back of marsh along middle trail
Black-collared Oriole	<i>Icterus prosthemelas</i>	Arenal Obs Lodge grounds
Baltimore Oriole	<i>Icterus galbula</i>	
Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>	Carara
Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>	Rancho Naturalista
Montezuma Oropendola	<i>Psarocolius montezuma</i>	Rancho Naturalista
Scrub Euphonia	<i>Euphonia affinis</i>	Guacimo Rd off Orotina-Caldera highway
Yellow-throated Euphonia	<i>Euphonia hirundinacea</i>	Rancho Naturalista
Olive-backed Euphonia	<i>Euphonia gouldi</i>	Rancho Naturalista
White-vented Euphonia	<i>Euphonia minuta</i>	Rancho Naturalista
Tawny-capped Euphonia	<i>Euphonia anae</i>	Rancho Naturalista
Golden-browed Chlorophonia	<i>Chlorophonia callophrys</i>	San Gerardo, Savegre L, trails above lodge
Lesser Goldfinch	<i>Spinus psaltria</i>	San Gerardo da Dota, main rd nr Savegre Mt L